

# Sagamihara City Child-Raising Guide

## Sagamihara Kosodate Kizuna LINE

We will send you LINE messages with timely information and messages to your family as you go through your pregnancy and your child grows so that you can have peace of mind during pregnancy and childrearing. Register through this code.

### During pregnancy Mail arrives daily

- Information about your baby (general growth and development)
- Information about the mother's body (advice about diet and lifestyle during pregnancy)

### Until child's third birthday

- Information about child's growth (development of body and language, etc.)
- Childrearing advice (how to care, interact, etc.)

For more  
information  
about  
registering



## Electronic Mother and Child Health Handbook Sagapuriko

This allows you to manage prenatal checkups, infant checkups, and vaccinations.

You will also receive the latest information about services related to childrearing and the status of infant health checkups in the event of a disaster and the like.

Use this opportunity to try this service.

For more  
information





## Introduction

This *Child-Raising Guide* contains medical and health information on pregnancy and childbirth, as well as information on topics including allowance and subsidy programs, playgrounds, regional child-raising support programs, and childcare consultation organizations for people who are giving birth or raising children in Sagamihara City.

We hope this book helps you guide your child's healthy development.

## Consultation for Foreign Residents

### Foreign-language Consultations

Consultation services concerning difficulties and questions about everyday living are available to foreign residents who live in Sagamihara City. Consultations by telephone are also available.

Language	Available Days	Time	Location
English	Mondays	9 a.m. to noon 1 to 4 p.m.	Public Counseling Section, Chuo Ward Office (Specialized Consultation Line for Foreigners) Tel: 042-769-8319
Tagalog	Tuesdays		
Chinese	Wednesdays		
Vietnamese	Thursdays		
Spanish	Fridays		
Portuguese	Fridays		

#### Notes:

1. Excluding year-end/New Year holidays (December 29 to January 3) and national holidays
2. In addition to the above, consultation on residency procedures by Immigration Services Agency staff is available at the Public Counseling Section of the Chuo Ward Office, and legal consultation by an attorney is available at the Public Counseling Section of each ward office. Contact the Public Counseling Section of each ward office for more information.

(Languages Available: English, Chinese, Tagalog, Spanish and Vietnamese)

In addition, consultation through telephone interpretation is also available at each ward office's Public Counseling Section. If you would like to use this service, visit the service counter directly or call the Specialized Consultation Line for Foreigners (042-769-8319).

(Languages Available: English, Chinese, Tagalog, Spanish and Vietnamese)

#### Inquiries:

Public Counseling Section, Chuo Ward Office

Specialized Consultation Line for Foreigners Tel: 042-769-8319

Public Counseling Section, Midori Ward Office Tel: 042-775-1773

Public Counseling Section, Minami Ward Office Tel: 042-749-2171

## Sagamihara International Lounge

Sagamihara International Lounge is a facility created by the city to help promote an environment where Japanese and foreign residents can live together comfortably. The lounge conducts a number of different activities, including providing support for foreign residents of the city, information in multiple languages, and organizing international exchange activities.

### ◆◆ Support for Foreign Residents of Sagamihara City ◆◆

**Interpreting and Translation:** Dispatching volunteer interpreters to public institutions such as schools and hospitals. Translation services for foreign residents.

**Consultation:** Providing consultations (on everyday living, education, etc.) for foreign residents of the city

**Disaster Prevention:** Conducting disaster preparedness training and drills, providing interpreting and translation services during disasters, etc.

**Classes:** Holding Japanese-language classes, children's learning classes

### ◆◆ Provision of Information in Multiple Languages ◆◆

**Website:** Provides daily life information for foreign residents and information about events

### ◆◆ International Exchange Programs ◆◆

**Events:** Introduction of cultures and traditions from around the world through a wide range of events

**International Understanding Classes:** Holding classes on foreign cultures as requested by schools and community centers, etc.

**Cultural Exchanges:** Cultural exchanges by member organizations

**Inquiries:**

Sagamihara International Lounge

Promity Fuchinobe Bldg. 1F, 1-9-15 Kanumadai, Chuo-ku

Tel: 042-750-4150

◎ Operating Hours: 9:30 a.m. to 8:50 p.m. (5:50 p.m. on Sundays)

Note: Closed on Thursdays.

◎ Languages Available: English, Chinese, Korean, Portuguese, Spanish, Filipino, Thai, Khmer, Vietnamese

Note: Please contact in advance concerning available languages.

# Immunization Schedule (up to age of three)

	Immunization Name	Number of Inoculations and Standard Inoculation Age	Check Column	1 mo.	2 mos.	3 mos.	4 mos.	5 mos.
Periodic Immunizations (free of charge)	Hepatitis B	3 times at 0 year old	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>		(Twice with an interval of 4 weeks or more; 3rd inoculation to be received 20 weeks after the 1st inoculation)			
	Hib (Haemophilus influenza type b)	Initial: 3 times at 0 year old Booster: Once	Initial <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Booster <input type="checkbox"/>		(4 inoculations required when started at between 2-6 months old) (Initial: 3 times with an interval of 4-8 weeks)			
	Pediatric pneumococcal infections	Initial: 3 times at 0 year old Booster: Once at 1 year old	Initial <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Booster <input type="checkbox"/>		(4 inoculations required when started at between 2-6 months) (Initial: 3 times with an interval of 4 weeks or more)			
	DPT-IPV	Initial: 3 times at 0 year old Booster: Once at 1 year old	Initial <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Booster <input type="checkbox"/>			(Initial: 3 times with an interval of 3-8 weeks) (Early administration of this immunization is		
	Rotavirus (Rotarix)	Twice starting at 6 weeks	<input type="checkbox"/> <input type="checkbox"/>		(Twice at between 6-24 weeks old with an interval of 4 weeks or more) (We strongly recommend having your child receive the first inoculation before the age of fifteen weeks)			
	Rotavirus (Rotateq)	3 times starting at 6 weeks	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>		(3 times at between 6-32 weeks old with an interval of 4 weeks or more) (We strongly recommend having your child receive the first inoculation before the age of fifteen weeks)			
	BCG	Between 5 months and 7 months of age	<input type="checkbox"/>					
	Measles-rubella (MR)	1st term: Once at 1 year old 2nd term: Once at 1 year before starting school	1 <sup>st</sup> term <input type="checkbox"/> 2 <sup>nd</sup> term <input type="checkbox"/>					
	Varicella	1st inoculation: Once at 1 year 2nd inoculation: Once at 1 year	1 <sup>st</sup> <input type="checkbox"/> 2 <sup>nd</sup> <input type="checkbox"/>					
	Japanese encephalitis	1st term initial: Twice at 3 years old 1st term booster: Once at 4 years old 2nd term: Once at 9 years old	1 <sup>st</sup> term initial <input type="checkbox"/> <input type="checkbox"/> 1 <sup>st</sup> term booster <input type="checkbox"/> 2 <sup>nd</sup> term <input type="checkbox"/>					
Optional Immunizations (charge applies)	Mumps	Once at 1 year old Once during a year before starting school	<input type="checkbox"/> <input type="checkbox"/>					
	Influenza	Between 6 months old and 12 years old Twice/year						
	Hepatitis A	3 times, 1 year old or older	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>					

- Notes:
- Please consult with your child's physician regarding an actual immunization schedule.
  - The inoculation record will be checked each time your child receives immunizations.  
Make sure to bring your *Mother and Child Health Handbook* with you.
  - A child can receive periodic immunizations even if they are older than standard age range. However, please note that charges will apply if your child is older than the eligible age or if they have received more than the standard number of inoculations.

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▲ Register as a friend

### City Official LINE Account

Register as a friend to receive messages from Sagamihara Kosodate Kizuna LINE, disaster prevention information, and notifications from the city.

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### You can read the newsletter on your smartphone 🎵

You can obtain childrearing, event and other information easily on the My Koho Sagamihara app.



For Androids



For iPhones

### Sagamihara City Call Center

Answers to questions about child-raising-related systems and procedures, such as child allowances and immunizations, are available here.

Note: The Sagamihara City Call Center is the City Office's general information service.

Tel: 042-770-7777

Fax: 042-770-7766

Visit the website for more information.



Website

# Midori Ward

Playground



## Children's Halls and Rooms

- ① Aihara Children's Hall
- ② Sakunokuchi Children's Hall
- ③ Miyakami Children's Hall
- ④ Tsukui Chuo Children's Room

Note: For address and other details, see page 63.

## Children's Centers

- ⑤ Oshima Children's Center
- ⑥ Shiroyama Children's Center
- ⑦ Nihonmatsu Children's Center
- ⑧ Hashimoto Children's Center

Note: For address and other details, see page 62.



## Children's Playgrounds

Aihara Children's Playground  
 Aonohara-Daiichi Children's Playground  
 Aoyama Children's Playground  
 Akoma Children's Playground  
 Abiko Children's Playground  
 Aramaru Children's Playground  
 Ushikura Children's Playground  
 Playground in front of Obara Meeting Place  
 Kajino Children's Playground  
 Katsuranoki Children's Playground  
 Kounji-ue Children's Playground  
 Suwarashi Children's Playground  
 Nakashita Children's Playground  
 Nakano-Daiichi Children's Playground  
 Nakano-Daini Children's Playground  
 Nagano Children's Playground  
 Narai Children's Playground  
 Nirone Children's Playground  
 Numamoto Children's Playground  
 Negoya Children's Playground  
 Negoya-Suwajinja Children's Playground  
 Nemoto Children's Playground  
 Maedo Children's Playground  
 Matano (Gyoninzuka-Daiichi) Children's Playground  
 Matano (Gyoninzuka-Daini) Children's Playground  
 Mii Children's Playground  
 Minami-Kanahara Children's Playground  
 Wakayanagi Children's Playground  
 Watado Children's Playground

Note: For address and other details, see the website.

### ① Hashimoto Library

6F, Mewe Hashimoto, 3-28-1 Hashimoto, Midori-ku, Tel: 042-770-6600

### ② LCA International Elementary School

**Kitano-oka Center and Swimming Pool**

2071-1 Shimokuzawa, Midori-ku, Tel: 042-773-5570

Notes: 1. Infants and toddlers who have been fully toilet-trained can use this facility (pool).  
 2. Those with disabilities can also use the pool.

### ③ Sagamihara-kita Park

2368-1 Shimokuzawa, Midori-ku, Tel: 042-779-5885

### ④ Sagamigawa Nature Village Park

3853-8 Oshima, Midori-ku, Tel: 042-769-8243 (City Office Park Division)

### ⑤ Historical residence (Kominka-en) (in the Sagamigawa Nature Village Park)

3853-8 Oshima, Midori-ku, Tel: 042-769-8371 (City Office Cultural Property Protection Division)

### ⑥ Ogura (Kodama) Swimming Pool (open during the summer season only)

1 Ogura, Midori-ku, Tel: 042-782-1122

Note: Infants and toddlers who have been fully toilet-trained can use this facility (pool).

### ⑦ Prefectural Tsukui-ko Shiroyama Park

162 Negoya, Midori-ku, Tel: 042-780-2420

### ⑧ Toriihara Fureal-no le 1674 Toya, Midori-ku, Tel: 042-785-7300

### ⑨ Obara Swimming Pool (open during the summer season only)

697-3 Obara, Midori-ku, Tel: 042-684-3257 (City Office Sports Promotion Division Tsukui Community Section)

Note: Infants and toddlers who have been fully toilet-trained can use this facility (pool).

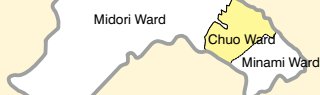
### ⑩ Prefectural Sagamiko Park 317-1 Yose, Midori-ku, Tel: 042-684-3276





# Chuo Ward

## Playground



### Children's Centers

- ⑩ Ono-kita Children's Center
- ⑪ Kamimizo-minami Children's Center
- ⑫ Koyo Children's Center
- ⑬ Seishin Children's Center
- ⑭ Tana Children's Center
- ⑮ Namiki Children's Center
- ⑯ Fujimi Children's Center
- ⑰ Hoshigaoka Children's Center
- ⑱ Yokodai Children's Center
- ⑲ Yokoyama Children's Center

Note: For address and other details, see page 62.



### Children's Halls

- ① Aoba Children's Hall
- ② Asahi Children's Hall
- ③ Kobato Children's Hall
- ④ Saiwai-cho Children's Hall
- ⑤ Shimokuzawa Children's Hall
- ⑥ Takenouchi Children's Hall
- ⑦ Hikarigaoka Children's Hall
- ⑧ Yaei Children's Hall
- ⑨ Yotsuya Children's Hall

Note: For address and other details, see page 63.

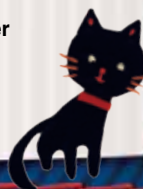


### Children's Playgrounds

Tana Youth Plaza  
Himawari Children's Playground  
Honcho-higashi Children's Playground  
Note: For address and other details, see the website.



- ① **Oyama Park** 4-1 Oyama, Chuo-ku, Tel: 042-700-0801
- ② **Yokoyama Park** 5-11 Yokoyama, Chuo-ku, Tel: 042-758-0886
- ③ **Sagamihara Green Pool** 5-11-1 Yokoyama, Chuo-ku, Tel: 042-758-3151  
Note: Infants and toddlers who have been fully toilet-trained can use this facility (pool).
- ④ **Kanuma Park** 2-15 Kanumadai, Chuo-ku, Tel: 042-755-9781
- ⑤ **City Library** 2-13-1 Kanumadai, Chuo-ku, Tel: 042-754-3604
- ⑥ **Museum** 3-1-15 Takane, Chuo-ku, Tel: 042-750-8030
- ⑦ **JAXA Sagami-hara Campus**  
3-1-1 Yoshinodai, Chuo-ku, Tel: 050-3362-3540 (for tours)
- ⑧ **Ginga-no Mori Play Park**  
3-1 Yaei, Chuo-ku, Tel: 042-769-8289 (City Child and Young People Support Division)
- ⑨ **Fuchinobe Park** 3-1 Yaei, Chuo-ku, Tel: 042-776-5311
- ⑩ **Dohogawa Park** 1359 Kamimizo, Chuo-ku, Tel: 042-776-6484
- ⑪ **Sagamigawa Fureai Science Museum and Aquarium Sagami-hara**  
1-5-1 Suigo-Tana, Chuo-ku, Tel: 042-762-2110
- ⑫ **Tana-Mukaihara Historical Site Park Paleolithic Era Study Center (Paleolithic Era Hatena-kan)**  
3-23-11 Tana-Shioda, Chuo-ku, Tel: 042-777-6371
- ⑬ **Sagamihara Sports Recreation Park**  
2679 Oyama, Chuo-ku, Tel: 042-769-8243 (City Office Park Division)





# Minami Ward

## playground



### Children's Playgrounds

Koyama Children's Playground

Sakura Children's Playground

Note: For address and other details, see the website

### Children's Halls

- ① Onodai-Daichi Children's Hall
- ② Onodai-Daini Children's Hall
- ③ Kobuchi Children's Hall
- ④ Shinfuchi Children's Hall
- ⑤ Sonan Children's Hall
- ⑥ Sobudai-Daini Children's Hall
- ⑦ Sobudai-Daisan Children's Hall
- ⑧ Higashi-Rinkan Children's Hall
- ⑨ Misono Children's Hall
- ⑩ Minami-Shincho Children's Hall
- ⑪ Yaguchi Children's Hall

Note: For address and other details, see page 63.

### Children's Centers

- ⑫ Asamizo Children's Center
- ⑬ Araiso Children's Center
- ⑭ Onuma Children's Center
- ⑮ Onodai Children's Center
- ⑯ Ono-minami Children's Center
- ⑰ Kashimadai Children's Center
- ⑱ Kami-Tsuruma Children's Center
- ⑲ Sagamidai Children's Center
- ⑳ Sobudai Children's Center
- ㉑ Tsuruzono-Nakawada Children's Center

Note: For address and other details, see page 62.



- ① **Kobuchi-Unomori Park and Swimming Pool (open during the summer season only)**  
1-25-1 Unomori, Minami-ku, Tel: 042-747-4641 Note: Only infants and toddlers who have been fully toilet-trained can use this facility (pool).
- ② **Sagami-Ono Chuo Park** 4-2 Sagami-Ono, Minami-ku, Tel: 042-742-8648
- ③ **Sagami-Ono Library** Green Hall Sagami-Ono, 4-4-1 Sagami-Ono, Minami-ku, Tel: 042-749-2244
- ④ **Prefectural Sagamihara Park** 3277 Shimomizo, Minami-ku, Tel: 042-778-1653
- ⑤ **Sakata-no Tane Green House (in the Prefectural Sagamihara Park)**  
3277 Shimomizo, Minami-ku, Tel: 042-778-1653
- ⑥ **Resident's Health and Culture Center and Swimming Pool**  
1872-1 Asamizodai, Minami-ku, Tel: 042-747-3776  
Note: Infants and toddlers who have been fully toilet-trained can use this facility (pool).
- ⑦ **Sagamihara Asamizo Park** 2317-1 Asamizodai, Minami-ku, Tel: 042-777-3451
- ⑧ **Fureai Animal Plaza (in the Sagamihara Asamizo Park)**  
2317-1 Asamizodai, Minami-ku, Tel: 042-778-3900
- ⑨ **Kassaka Historical Site Park**  
1822 Isobe, Minami-ku, Tel: 042-769-8371  
(City Office Cultural Property Protection Division)
- ⑩ **City Library Sobudai Branch**  
4-8-7 Araiso, Minami-ku, Tel: 046-255-3315







# 1

# Medicine and Health

## Healthcare during Pregnancy

	Details	Locations
<b>Mother and Child Health Handbook</b>	This is a very important health record for you and your child. Please report your pregnancy and receive your <i>Mother and Child Health Handbook</i> as soon as possible after discovering your pregnancy.	<ul style="list-style-type: none"> <li>● Local Childcare Support Center</li> </ul> <p>Note: Distribution at the Shiroyama Branch, Sagamiko Branch, and Fujino Branch of the Midori Childcare Support Center is by registration only.</p> <ul style="list-style-type: none"> <li>● Local Resident Registration Divisions (only when available on Saturdays)</li> </ul>
<b>Health Checkups for Expectant Mothers</b>	This is a crucial health check opportunity for expectant mothers and unborn children meant to ensure safe delivery. Be sure to undergo medical examinations at the appointed times and frequencies.	<p>Notes:</p> <ol style="list-style-type: none"> <li>1. Checkup vouchers that can be used for prenatal medical examinations are provided along with your <i>Mother and Child Health Handbook</i>.</li> <li>2. If you move during your pregnancy, you will not be able to use your old vouchers. You will need to exchange them for new vouchers at your new municipality.</li> </ol> <ul style="list-style-type: none"> <li>● Local Childcare Support Center</li> <li>● Local Resident Registration Divisions (only when available on Saturdays)</li> </ul>
<b>Maternity Oral Care Seminar (dental health class for expectant mothers)</b>	Lectures, practical classes, and dental health checkups for expectant mothers are offered to explain the influence of oral illnesses during pregnancy on the baby and teach oral care.	<ul style="list-style-type: none"> <li>● Midori Ward Joint Government Building</li> <li>● Wellness Sagamihara</li> <li>● Minami Health and Welfare Center</li> </ul> <p>Note: See the city's public relations bulletin <i>Koho Sagamihara</i> or the city website for the seminar schedule.</p>  <p>Website</p>
<b>Hello Mother Class (parenting classes)</b>	These are parenting classes for first-time expecting mothers and their family. (We recommend attending the class after the 16th week of pregnancy)	<ul style="list-style-type: none"> <li>● Local Childcare Support Centers</li> </ul> <p>Note: See the city's public relations bulletin <i>Koho Sagamihara</i> or the city website for the seminar schedule.</p>  <p>Website</p>
<b>Consultations about Pregnancy and Childbirth</b>	Public health nurses are available to provide consultations about pregnancy and childbirth.	See the contacts for childcare consultations on page 19. You're not alone. Call if you need help.

- For *Mother and Child Health Handbook*, Health Checkups for Expectant Mothers, and Maternity Oral Care Seminar: Children and Family Division  
Tel: 042-769-8345 (direct line)
- For Hello Mother Class:
  - Midori Childcare Support Center  
Midori Childcare Support Center (Tsukui Mother and Child Health and Welfare Section)  
Tel: 042-775-8829 (direct line)
  - Chuo Childcare Support Center  
Minami Childcare Support Center  
Tel: 042-780-1420 (direct line)
  - Tel: 042-769-8222 (direct line)
  - Tel: 042-701-7710 (direct line)

## Maternity Mark

The Maternity Mark is a symbol that pregnant women can wear while in public, such as when using public transportation, that makes it easier for people to show them consideration.

You can use it to casually let people know that you are pregnant before your pregnancy is showing.



## Contraction Taxi Service

If you register for this service in advance, a car will take you to your obstetrician when contractions begin. Please contact each company for more information.

Note: The name of the service differs by company.

## Birth Registration

Please report your child's birth within 14 days (including the day of their birth). This may be done by either parent. Your child's birth may be registered to one of the following locations: The birthplace of the child or the permanent domicile (*honseki*) or current address of either the mother or father. In addition, when registering a birth, you must bring a birth registration form (signed by the attending doctor or midwife) and the *Mother and Child Health Handbook* with you.

### Submit To:

Resident Registration Division of your local Ward Office, Community Development Centers\*<sup>1</sup>, Branch Offices, or the Magino and Sanogawa Liaison Offices

### Inquiries:

Midori Ward Office Resident Registration Division  
Chuo Ward Office Resident Registration Division  
Minami Ward Office Resident Registration Division

Tel: 042-775-8804 (direct line)  
Tel: 042-769-8337 (direct line)  
Tel: 042-749-2132 (direct line)

\*<sup>1</sup> Excludes Hashimoto, 6 districts of Chuo Ward, and Ono-minami Community Development Centers

## Birth Report

Once your baby is born, fill in the Birth Report inside of the supplement leaflet attached to your *Mother and Child Health Handbook* and submit it at your local Childcare Support Center, Children and Family Division, Resident Registration Division, Community Development Center\*<sup>1</sup>, or local Branch Office as soon as possible. Submission by post is also acceptable. At a later date, your local Childcare Support Center will contact you regarding a home visit to see your baby and other issues.

**Inquiries:** Children and Family Division

Tel: 042-769-8345 (direct line)

## Hearing Test for Newborn Babies

This is a test for hearing that has your sleeping baby listen to a low-volume tone. Use the “Sagamihara City Newborn Auditory Examination Consultation Ticket” provided in the *Mother and Child Health Handbook* supplement, and proactively have your child undergo the test.

**Inquiries:** Children and Family Division

Tel: 042-769-8345 (direct line)

## Screenings for Congenital Metabolic Disorders, Etc.

Sagamihara City provides screenings for 20 conditions including phenyl ketonuria and other congenital metabolic disorders. A small amount of blood will be drawn from your baby’s heel at 5–8 days after birth. (Parents are responsible for the cost of drawing blood, but the screening is paid for by the city.)

**Inquiries:** Children and Family Division

Tel: 042-769-8345 (direct line)

## Hello Baby Program

The city’s maternity counselors, who are all qualified as midwives, public health nurses, or clinical nurses, visit every family that welcomes a new baby. They will weigh your baby and provide consultations about your concerns regarding childcare and other issues. This service is free of charge.

After giving birth, hormonal and other changes in the body may lead to emotional instability in the mother. Are you having problems such as difficulties raising a child for the first time, difficulty with breastfeeding, or infantile regression of your baby’s older siblings? If so, please submit your birth report as soon as possible and utilize the Hello Baby Program.

### **Inquiries:**

Midori Childcare Support Center

Tel: 042-775-8829 (direct line)

Midori Childcare Support Center (Tsukui Mother and Child Health and Welfare Section)

Tel: 042-780-1420 (direct line)

Chuo Childcare Support Center

Tel: 042-769-8222 (direct line)

Minami Childcare Support Center

Tel: 042-701-7710 (direct line)

\*<sup>1</sup> Excludes Hashimoto, 6 districts of Chuo Ward, and Ono-minami Community Development Centers

## Postpartum Health Checkup

Subsidies are available for the cost of postpartum health checkups. Up to 5,000 yen will be subsidized per checkup. Visit the website for more information.

### ● Checkup period

Twice, approximately two and four weeks after childbirth

**Inquiries:** Sagamihara City Call Center Tel: 042-770-7777



Website

## Postpartum Care Services

If you are having anxiety about childrearing or your physical condition, you can receive mental and physical care and breastfeeding advice by staying at or visiting a medical institution or midwifery center, or home visiting by a midwife or the like. Visit the website for more information.



Website

### ● Eligibility

Mothers and babies (up to the day before the first birthday) with resident registration in Sagamihara City who fall under any of the following:

- (1) Mothers with health problems or anxiety about childrearing
- (2) Recommended by a physician as a result of the postpartum health checkup
- (3) Mothers who cannot receive postpartum support from family or the like.

Note: This service is not for those who require specialized care at medical institutions.

### ● Types of Postpartum Care Services

Service name	Number of possible days of use	Usage fee	Usage limit
Lodging type	Within 1 night to 6 nights	5,000 yen per day (10,000 yen if only for 1 night)	Up to 7 total days (1 night counts as 2 days)
Medical institution visiting type	2 to 3 hours per visit (limited to once per day)	2,000 to 3,000 per visit	
Home visiting type	Up to 2 hours per visit (limited to once per day)	3,000 per visit	

Note: The fee is 50% for households exempt from municipal and prefectural resident's tax, and free for households receiving public assistance.

**Inquiries:** Sagamihara City Call Center Tel: 042-770-7777

## Health Checkups for Infants and Toddlers

In hope of your child's health development, the city conducts health checkups for infants and toddlers. You will be notified of information such as the health checkup schedule and the period of the examination by mail the month before the period of eligibility.

**Inquiries:** Children and Family Division, Tel: 042-769-8345 (direct line)

### Group Examinations

Health Checkup	Exam Date	Venue
<b>4 Month Checkup (Medical)</b>	Designated date of the month child turns 4 months old	- Midori Ward Joint Government Building (Nishi-Hashimoto) - Wellness Sagamihara (Fujimi) - Minami Health and Welfare Center (Sagami-Ono) - Shiroyama Community Center (Kubosawa) - Tsukui Health Center (Nakano) - Sagamiko General Office (Yose) - Fujino General Office (Obuchi)
<b>18 Month Checkup (Dental)</b>	Designated date of the month child turns 19 months old	
<b>2-and-a-Half Year Checkup (Dental)</b>	Designated date of the month child turns 2 and a half years old	
<b>3-and-a-Half Year Checkup (Medical/Dental)</b>	Designated date of the month child turns 3 and a half years old	

### Individual Examinations

Health Checkup	Period of Eligibility	Exam Date	Venue
<b>8 Month Checkup (Medical)</b>	From the day child turns 7 months old to the day before turning 9 months old	Designated dates at each cooperating medical institution during the examination period	Partnering medical institutions* (Appointments are sometimes required. Please call in advance to confirm before coming.)
<b>12 Month Checkup (Medical)</b>	From the 1st birthday to the day the child becomes 14 months old		
<b>18 Month Checkup (Medical)</b>	From the day the child turns 18 months old to the day before the child turns 20 months old		

Notes:

- The list of partnering medical institutions for individual immunizations and health checkups for infants and toddlers is included in the immunizations and health checkup guidebook. The guidebook is sent along with the immunization notice (sent during the month your child turns two months old) and with the notice for the 12-month-olds checkup. It is also available at your local Childcare Support Center, Community Development Center\*<sup>1</sup>, or Branch Office.
- The city offers a Book Start Program for 4-month-old children and a Second Book Program for 2-and-a-half-year-old children. See page 72 for more information.

\*<sup>1</sup> Excludes Hashimoto, 6 districts of Chuo Ward, and Ono-minami Community Development Centers

## Immunizations for Children

In Japan, there are two types of vaccination; periodic immunizations specified by the Preventive Vaccinations Act, and optional immunizations not designated by law. The immunizations administered in accordance with the Preventive Vaccinations Act are as follows.

(1) Hepatitis B, (2) Hib disease, (3) pediatric pneumococcal infections, (4) DPT-IPV (diphtheria, pertussis, tetanus and inactivated polio), (5) rotavirus, (6) BCG (tuberculosis), (7) measles-rubella (MR), (8) varicella, and (9) Japanese encephalitis

All periodic immunizations are administered at partnering medical institutions. Immunization notices will be sent by mail as your child reaches the standard age range for each immunization.

In addition, the list of partnering medical institutions can be viewed on the city website, and is also available at your local Ward Office's Resident Registration Division, Community Development Center\*<sup>1</sup>, Branch Office, Liaison Office, etc.

For details on the eligible age ranges for each immunization, contact the Disease Control Division.

**Inquiries:** Disease Control Division

Tel: 042-769-8346 (direct line)

## Consultations with Public Health Nurses, Registered Nutritionists, Dental Hygienists, Etc.

### ● **Childcare Consultations (Mother and Child Health Consultations)** (in person or by phone)

Having anxiety or trouble with childcare? You're not alone. Call if you need help.

If you come to a consultation site in person, you can have your baby's height and weight measured.

Note: Measurements are also provided during childcare consultations at Fureai Parent and Child Salon (page 67).

Consultation in person or by phone: Weekdays (business days), 8:30 a.m. to 5 p.m.

Midori Childcare Support Center Tel: 042-775-8829 (direct line)

Chuo Childcare Support Center Tel: 042-769-8222 (direct line)

Minami Childcare Support Center Tel: 042-701-7710 (direct line)

Consultation in person: Designated days

Midori Childcare Support Center (Shiroyama branch) Fridays

Midori Childcare Support Center (Tsukui Mother and Child Health and Welfare Section)

Mondays and Thursdays

Midori Childcare Support Center (Sagamiko branch) Tuesdays

Midori Childcare Support Center (Fujino branch) Wednesdays

### ● **Nutrition Consultations for Mother and Child** (Appointment required.)

A registered nutritionist will provide you with a consultation about baby food and nutrition.

Midori Childcare Support Center Tel: 042-775-8829 (direct line)

Chuo Childcare Support Center Tel: 042-769-8222 (direct line)

Minami Childcare Support Center Tel: 042-701-7710 (direct line)

\*<sup>1</sup> Excludes Hashimoto, 6 districts of Chuo Ward, and Ono-minami Community Development Centers

- **Pediatric Dental Consultations** (Appointment required; the schedule will be announced on *Koho Sagamihara* and the like)

A dental hygienist will provide consultation about oral health.

Children and Family Division

Tel: 042-769-8345(direct line)

- **Pregnancy Support Consultations (Infertility and Recurrent Miscarriage)** (The schedule will be announced on *Koho Sagamihara*.)

An infertility and recurrent pregnancy loss expert will provide you with an in person or phone consultation about infertility.

Children and Family Division

Tel: 042-769-8345(direct line)

## Child-Raising Classes and Lectures (For more information, refer to *Koho Sagamihara* or the website)

Class	Target Ages	Details
<b>Baby Food Class</b> (first stage)	Parents/guardians and family of babies five to six months old; priority is given to first-time parents/guardians	These classes provide tips on weaning your child, Q&A sessions, etc.
<b>Baby Food Class</b> (second stage)	Parents/guardians and family of babies eight to nine months old; priority is given to first-time parents/guardians	
<b>Happy Challenge with Mother and Child!</b> (cavity prevention class)*	Parents and families of 10–14 month-old children	This class provides tips for growing strong teeth and exercises to help children make brushing their teeth a habit, etc.
<b>Beans Club</b> (support classes for children from multiple births)	Twins, triplets, and other children from multiple births under 4 years old or so, and their families, as well as mothers expecting a multiple birth	Play activities for mother and child, sharing of information regarding childcare between mothers
<b>Piyopiyo Salon</b> (Low birth weight baby and infant salon)	Children born weighing less than 2,000 g or have delayed motor development and their families	Play activities for mother and child, sharing of information regarding child-raising between mothers
<b>Mental Care Room for Mothers</b> <b>Break Time for Mothers*</b>	Here, mothers experiencing problems, such irritation with their children or difficulty connecting with them can talk about themselves with each other and feel better. Childcare provided. Your privacy will be protected.	
<b>Lectures for parents of children with chronic conditions</b>	This is primarily a lecture on pediatric allergies.	

### Inquiries:

Midori Childcare Support Center

Tel: 042-775-8829 (direct line)

Chuo Childcare Support Center

Tel: 042-769-8222 (direct line)

Minami Childcare Support Center

Tel: 042-701-7710 (direct line)

For classes with an asterisk (\*), Children and Family Division

Tel: 042-769-8345 (direct line)



Website

## Sudden Illnesses

It is natural to feel worried when your child is suddenly becomes ill. Keep in mind where to consult with if you are unsure about whether or not your child should seek medical attention.

### ● Kanagawa Pediatric Emergency Hotline

Experts (Nurses and other medical practitioners) will provide phone support when you aren't sure what to do when your child is ill at night. (Diagnosis and treatment will not be provided over the phone.)

**Kanagawa Pediatric Emergency Hotline, Tel: 045-663-9181 (#8000)**

Consultation Hours: Every day 6 p.m. to 8 a.m. the following day

**Inquiries:** Medical Services Division, Health Care and Medical Services Department, Kanagawa Prefectural Government Tel: 045-210-4874 (direct line)

### ● Kodomo QQ Kids Emergency (Japan Pediatric Society)

This service is for children between the ages of one month and six years old.

Treatment and guidelines for seeing a doctor is listed by symptoms.

<http://kodomo-qq.jp/>



Website

## When you wish to visit a medical institution

### ● For Sudden Illness on Holidays or at Night (medical)

First, contact your child's doctor. If you are unable to contact your child's doctor, or they are unavailable, prepare a memo pad and call Sagami-hara Emergency Medicine Information Center.

You will be informed of medical institutions that can provide care. Please know that medical consultations and information related to dental care will not be provided.

Sagami-hara Emergency Medicine Information Center Tel: 042-756-9000

#### Available Hours

<b>Weekdays</b>	5 p.m. to 9 a.m. the following day
<b>Saturdays</b>	1 p.m. to 9 a.m. the following day
<b>Holidays (Sundays, national holidays, December 29–January 3)</b>	9 a.m. to 9 a.m. the following day

## ● For Sudden Tooth Problems during Golden Week and Year-End/ New Year's Holidays (dental)

You can receive treatment for sudden tooth problems during Golden Week and the year-end/ New Year's holidays at the Sagamihara Oral Health Center.

Dates open: Golden Week (May 3 to 5), year-end/New Year's holidays (December 29 to January 4)

Reception Hours: 8:45 to 11:30 a.m., 1:15 to 4:30 p.m.

Location: Sagamihara Oral Health Center (2F, Wellness Sagamihara Building B, 6-1-1 Fujimi, Chuo-ku)

Tel: 042-756-1501 (Please call before coming)

- Notes:
1. When receiving treatment, make sure to bring your proof of insurance and other medical certificates. (If you don't have an insurance card, etc. you will have to pay the full cost of treatment.)
  2. Only temporary first aid treatment is provided at emergency medical facilities. Visit your family doctor or a nearby medical institution for an examination at a later date.



It is common for sickness to occur suddenly in children.

They may develop a sudden fever or vomit even though they were playing energetically before. If you have a regular doctor that you go to, you can address these kinds of sudden sicknesses with confidence and without panicking.

It is very important for a doctor to look at children's illnesses not just from a single point in time, but also over the course of time.

A regular doctor who has become aware of your child's growth and development through vaccinations and health checkups will be able to understand your child's condition better when he or she is sick.

## Try Using Generic Drugs for the Future of Our Children

### ■ Characteristics of Generic Drugs

- (1) The effects are the same as the original medication
- (2) Safety is assured by the strict quality standards designated by the national government.
- (3) Since manufacturing and sales begin after the patent of the original expires, the price is up to 60% lower

### ■ Why Should I Use Generic Drugs?

Even if you do not have to pay for medication at a medical institution or the like by presenting your health insurance card, the fee for these medications are paid for through your insurance premiums and taxes.

⇒ If the total medical expense of the nation rises, National Health Insurance finances will also suffer, leading to higher insurance premiums and an increased burden on you.

# Protect Your Baby from Sudden Infant Death Syndrome (SIDS)! What Is SIDS?

SIDS is a disease in which previously healthy babies die suddenly in their sleep without any apparent external cause such as an accident or suffocation. While there is no clear cause, it is known that following three rules can reduce the chance of SIDS occurring:



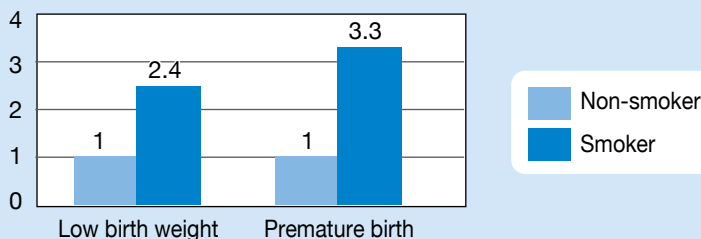
1. Have your baby sleep facing upward
2. Feed your baby with breast milk as much as possible
3. Do not smoke under any circumstances



## Quit Smoking

- ★ Smoking increases the risk of miscarriage, premature birth, placenta previa, placental abruption and perinatal death.
- ★ Smoking increases the risk of low birth weight and congenital malformations.

Level of danger compared to a mother who does not smoke (set as 1 unit)



Additionally, even if the mother does not smoke, if the father or others smoke, the baby will be exposed to secondhand smoke, which contains even more harmful substances.

It is also very dangerous for the mother to resume smoking after giving birth.

- ★ Secondhand smoking increases your baby's risk of developing bronchial asthma, pneumonia, otitis media and sudden infant death syndrome (SIDS).
- ★ Since nicotine transfers into breast milk, it can make your baby cranky or cause vomiting and diarrhea.
- ★ There has been cases of accidental ingestion of cigarettes by babies that can cause poisoning.

## STOP! Second-Hand Smoking

The breath you exhale after smoking a cigarette also contains tobacco toxins. It takes about 45 minutes to return to normal.



## Recommendation for Smoking Cessation Outpatient Services

You can quit smoking while getting support and advice tailored to you from a doctor.

Since this is covered by health insurance if you meet certain conditions, we recommend mothers and fathers who wish to quit smoking to take this opportunity to see a doctor.

Information about the effects of cigarettes on your health is also available on the Smoking and Health section of the city website.



Website

With amendments to the Child Welfare Act, physical punishment during childrearing has been outlawed.

When your child does not behave as you expect, and you get frustrated, do you often use physical punishment, thinking that it is just for discipline and that it is inevitable?

Even if your child's behavior changes as a result of physical punishment, it is merely the result of a fear of being hit, and not because he or she reached that conclusion on their own. Not only does it not help your child's development, it may have a negative effect on their physical, mental and other development.

Trying to raise a child is a very difficult thing to do. Please do not face the difficulties of raising a child alone; if you have any problems, please contact your local Childcare Support Center. (See page 73.)

- **The banning of physical punishment through the amendment of the law is part of efforts to raise awareness throughout society, including support for parents/guardians raising children, in order to promote parenting that does not involve physical punishment.**



Website

### For Parenting Without Physical Punishment



# If Your Baby's Crying Is Causing Issues

Crying is a baby's job. It's said that newborn babies spend a third of their waking hours crying. New parents have an especially hard time knowing what to do when their child is crying. **It's not your fault that your baby won't stop crying (and this is true for both mothers and fathers)**; it's simply a part of your child's development. You can get through this with help from others.

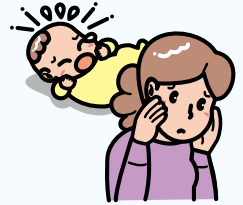
## ● Colic

Babies sometimes cry loudly for one to two hours, especially in the late afternoon. This is called colic, and the cause is not well known. This happens to babies around the world and usually disappears at three or four months. In addition, some babies after six months get colic at night.

## ● If your baby does not stop crying

- (1) First check what your baby may want.  
(milk, change of diapers, cradle in arms, etc.)
- (2) Recreate the environment of the womb  
(wrap in a blanket, etc.)
- (3) Make the baby listen to the sound of a plastic bag crumpling.  
It is also effective to take them on a drive.

Note: If the baby has a fever or you have other worries, bring them to a medical institution.



## ● What to do when the crying begins to bother you

**Never shake your baby!!**

Shaking your baby may cause shaken baby syndrome (SBS), in which the brain is damaged or its functions severely affected. There is also a great danger of death.

First, take a deep breath.

**Look for a way to calm yourself, such as asking for help, calling someone, or laying your baby face-up in a safe place and looking away for a moment.**

Babies sometimes stop crying after they get tired.

## Vomiting

1 ☐ Limp and unconscious (does not respond at all when pinched)

- 2
- ☐ Repeatedly throwing up
  - ☐ Vomit mixed with blood or green fluid (bile)
  - ☐ Vomit looked like coffee grounds
  - ☐ Severe headache or abdominal pain
  - ☐ Vomited after hitting head
  - ☐ Has not peed for more than half a day
  - ☐ Lips or inside of the mouth are dry
  - ☐ Drowsy with a blank expression
  - ☐ Blood mixed in poop

- 3
- ☐ Did not vomit many times and can drink liquid
  - ☐ Pees regularly



## Diarrhea

- 2
- ☐ Lacks energy and sluggishness
  - ☐ Does not drink liquid at all
  - ☐ Has not peed for more than half a day
  - ☐ Dry lips and mouth
  - ☐ Blood mixed throughout poop.
  - ☐ Continuous diarrhea and vomiting

- 3
- ☐ Frequent diarrhea but can drink liquid
  - ☐ Frequent diarrhea but in a good mood (smiles when caressed, tries to play, sleeps normally, etc.)



## Convulsion (spasms), Tremors

- 1
- ☐ Convulsion lasts more than 5 minutes
  - ☐ Convulsion has stopped but baby is still unconscious
  - ☐ Repeated convulsions
  - ☐ Lips turn bluish-purple and does not return to normal

- 2
- ☐ Child is less than 6 months old
  - ☐ Temperature is 38 degrees Celsius or below
  - ☐ Convulsions occurred for first time in life
  - ☐ Convulsions occurred differently on the right and left side of the body
  - ☐ Hit head hard recently
  - ☐ Repeated vomiting after convulsions



## Repeated Coughing and Shortness of Breath

- 1
  - Face has turned pale or lips became bluish-purple
- 2
  - Painful breathing or coughing such as follows:
    - Wheezing and hissing breaths, phlegm-filled coughing
    - Cough sounds like a fur seal's cry
  - Violent coughing after choking on peanuts, candy, toys or the like
  - Cannot communicate due to slurring of words
  - Difficulty walking and breathes heavily as if they just ran
  - Rapid breathing (more than 50 breaths per minute)
  - Inhaling seems painful, and the area between the ribs, top and bottom, and below the throat becomes indented
- 3
  - Light coughing but no difficulty breathing
  - Some phlegm-filled coughing or coughing that sounds a fur seal's cry, but in a good mood (smiles when caressed, tries to play, sleeps normally, etc.)



## Fever of Over 38 Degrees Celsius

- 1
  - Limp and unconscious due to high fever (does not respond at all when pinched)
- 2
  - Child is less than three months old
  - In a bad mood
  - Pale, expressionless and lifeless
  - Does not drink liquid at all
  - Has not peed for more than half a day
  - Vomits repeatedly
  - Continuous diarrhea
  - Difficulty breathing (floppy chest, twitching nostrils, etc.)
- 3
  - Older than three months of age and can drink liquid normally
  - Vomited once or twice only
  - In a good mood (smiles when caressed, tries to play, sleeps normally, etc.)



1 For Symptoms 1 → **See a doctor even at night** (use an ambulance)



2 For Symptoms 2 → **See a doctor even at night** (by car or taxi)



3 For Symptoms 3 → **Do not panic, and see your family doctor during office hours**  
If symptoms change rapidly, see a doctor immediately.

# Development of Children and Common Accidents

As children develop their motor functions, their range of action increases. This may lead to various accidents. The chart below shows common accidents according to when they are most likely to occur.







Approx. Stage of Development	Birth	3 mos.	4 mos.	5 mos.	6 mos.	7 mos.	8 mos.	9 mos.
		Hold head up Kicks		Baby food	Rolls	Pulls self to sit	Crawls	Grasps objects
Suffocation and accidental ingestion	<ul style="list-style-type: none"> <li>&lt;Suffocation while sleeping&gt;</li> <li>Sleep face down and sink into soft bedding</li> <li>Suffocation by blankets, clothes on the bed, stuffed animals, stands, etc.</li> <li>Fall into the gap between the bed and wall</li> <li>Compressed by a family member's body part</li> <li>Suffocation due to throwing up milk</li> </ul>							
	<ul style="list-style-type: none"> <li>Choke while eating</li> <li>Choke on small objects such as toys</li> <li>Accidental ingestion of button-cell batteries, water absorbent balls, magnets, etc.</li> <li>Accidental ingestion of medication, detergents, cosmetics, etc.</li> <li>Suffocation by blinds, curtain strings, etc.</li> </ul>							
Accidents around water	<ul style="list-style-type: none"> <li>Drown while bathing</li> <li>Drown by falling</li> <li>Accidents involving</li> </ul>							
Burning accidents	<ul style="list-style-type: none"> <li>Burned by tea, miso soup, cup noodles, etc.</li> <li>Burned by heaters and humidifiers</li> <li>Burned by electric</li> </ul>							
Common accidents	<ul style="list-style-type: none"> <li>Fall from a bed for adults or a sofa</li> <li>Fall from a crib or a diaper-changing stand</li> <li>Fall when using baby carriers</li> <li>Fall from a stroller</li> <li>Fall from a chair or table</li> <li>Fall from stairs or</li> </ul>							
Automobile and bicycle accidents	<ul style="list-style-type: none"> <li>Accidents due to not using a car seat</li> <li>Heat stroke in a car</li> <li>Body parts caught in car doors or windows</li> <li>Fall while riding a child-carrying bicycle</li> <li>Child's feet gets caught in the back wheel of child-</li> </ul>							
Getting caught, cuts and other accidents	<ul style="list-style-type: none"> <li>Accidents on escalators and elevators</li> <li>Bruises from tables</li> </ul>							

**Inquiries regarding acute poisoning resulting from accidental ingestion of chemicals (cigarettes, household goods, etc.), medicine, or pesticide**

**Poisoning Emergency Numbers for the Japan Poison Information Center**

- 24 hours a day, 365 days a year (Osaka)----- 072-727-2499
- From 9 a.m. to 9 p.m., 365 days a year (Tsukuba)----- 029-852-9999
- Specialized number for cigarettes (recorded information)----- 072-726-9922



10 mos.	11 mos.	1 yr.	2 yrs.	3 yrs.	4 yrs.	5 yrs.	6 yrs.
Stands holding object		Walks alone Runs	Uses stairs Jumps in place Climbs to high places				
							
• Accidental ingestion of cigarettes, alcohol, etc. • Accidental ingestion of wrapping film, stickers, etc.							
into the bathtub							
washing machines, buckets, wash basins, etc.							
• Accidents in inflatable pools, swimming pools, etc.							
• Accidents at the sea or rivers • Accidents at reservoirs, irrigation canals, drains, and septic tanks							
kettles and rice cookers • Burned by cooking utensils and irons							
• Burned by lighters and fireworks							
trip on a bump							
		• Fall from a balcony • Fall from a window					
		• Fall from a shopping cart					
		• Fall from a playground equipment (slides, jungle gyms, swings, etc.)					
		• Fall from a balance bike or kick scooter					
carrying bicycle (bicycle spoke injury)							
• Accidents on roads, etc.							
and other furniture							
• Injuries from razors, boxcutters, scissors, toys and other sharp objects							
• Small object stuck in nose or ear							
		• Injuries from knives near the kitchen					
		• Hands or fingers caught in doors or windows					
		• Squashed by toppled over furniture such as drawers					
		• Accidents involving front load washing machines					
		• Injured throat while toothbrushing					
		• Being caught at mechanical multi-story parking lots					

# 2

## Nursery Schools, Certified *Kodomoen*, Kindergartens, Children's Clubs, and Schools

### \*Nursery Schools, Certified *Kodomoen*, Kindergartens\*

#### Education and Childcare Subsidy Certification

Parents and guardians who wish to use nursery schools, certified *kodomoen*, subsidized kindergartens, and small-scale childcare services, etc., will need to receive one of the following types of Education and Childcare Subsidy Certification.

Certification Type	Conditions for Certification	Service Options
Type 1 Certification (Standard time education)	When a child is 3 years old or older and parents wish to provide the child with education at a subsidized kindergarten or a certified <i>kodomoen</i> .	Subsidized Kindergartens (page 48) Certified <i>kodomoen</i> (page 37)
Type 2 Certification (Standard time childcare or Short-time childcare)	When a child is 3 years old or older and one of the "reasons for need of childcare" (such as the working of the parent) applies, and the parent wishes to provide their child with education and childcare at a nursery school, etc.	Nursery schools (page 33) Certified <i>kodomoen</i> (page 37)
Type 3 Certification (Standard time childcare or Short-time childcare)	When a child is under 3 years old and one of the "reasons for need of childcare" (such as the working of the parent) applies, and the parent wishes to provide their child with childcare at a nursery school, etc.	Nursery schools (page 33) Certified <i>kodomoen</i> (page 37) Small-scale childcare services, etc.

Notes:

- Details about "reasons for need of childcare" can be found on the city website.
- If you wish to use a non-subsidized kindergarten, you must apply for the "Childcare Facilities Use Subsidy Certification (details on page 32)" instead of the Education and Childcare Subsidy Certification. For information on types of kindergartens, please see "List of Kindergartens" on page 48.
- If parents or guardians of children with type 1 certification who uses a subsidized kindergarten or certified *kodomoen*, wishes to use extended daycare for reasons such as work, they can receive subsidies for extended daycare expenses if they receive new type 2 or 3 Childcare Facilities Use Subsidy Certification (See "Childcare Facilities Use Subsidy Certification" on page 32).
- Small-scale childcare services, etc. include small-scale childcare services (page 42), family-style daycare services (page 44), and corporate in-house nursery services (page 44).

**Inquiries:** Type 1 Certification: Day Nursery Division      Tel: 042-769-8341 (direct line)  
Type 2 and 3 Certification: See "Information and Inquiries" on page 31.

## ● Procedures for Applying for Use

The procedures for applying for the use of nursery schools, certified *kodomoen*, small-scale childcare services and subsidized kindergartens differ based on the type of Education and Childcare Subsidy Certification.

Desired Facility, Etc.	Certification Type	How to Apply
Nursery schools	Type 2 and 3	Apply to the city
Certified <i>kodomoen</i>	Type 1	Apply to your desired facility
	Type 2 and 3	Apply to the city
Small-scale childcare services, etc.	Type 2 and 3	Apply to the city
Subsidized kindergartens	Type 1	Apply to your desired facility

Note: Please see “Education and Childcare Subsidy Certification” on page 30 for information about certification types.

Application for use is by mail for Type 2 and Type 3 certification, in principle.

**Mailing address:** Sagamihara City Office Day Nursery Division Application Center, 2-11-15 Chuo, Chuo-ku, Sagamihara City 252-5277

Applications for use from the beginning of the fiscal year (April) are accepted starting in the fall. For details, read the *Koho Sagamihara* bulletin, or visit the city website, etc.

For consultations regarding the use of childcare facilities and services, contact the office in the following list with jurisdiction over the desired facility, etc.

### Information and Inquiries:

Midori Childcare Support Center	Tel: 042-775-8813 (direct line)
Midori Childcare Support Center (Shiroyama Branch)	Tel: 042-783-8060 (direct line)
Midori Childcare Support Center (Tsukui Branch)	Tel: 042-780-1420 (direct line)
Midori Childcare Support Center (Sagamiko Branch)	Tel: 042-684-3737 (direct line)
Midori Childcare Support Center (Fujino Branch)	Tel: 042-687-5515 (direct line)
Chuo Childcare Support Center	Tel: 042-769-9267 (direct line)
Minami Childcare Support Center	Tel: 042-701-7723 (direct line)

## ● Childcare Fees (expenses borne by users)

Childcare fees (the expenses paid by the user) for children in classes for 0 to 2-year-olds, are determined by the city based on the income (ability to pay) of the parent or guardian and certification type. In addition, the childcare fees are the same, regardless of the type of facility or service being used.

Childcare fees for children in classes for 3- to 5-year-olds (including 3-year-olds with type 1 Education and Childcare Subsidy Certification) are free (zero yen).

In both cases, fees for actual costs or specific fees (if designated by the school) must be paid separately from the childcare fee.

## Childcare Facilities Use Subsidy Certification

Parents or guardians who use non-subsidized kindergartens, extended childcare, or non-authorized daycare centers, etc. and wish to receive subsidies must receive one of the following Childcare Facilities Use Subsidy Certification.

Certification Type	Conditions for Certification	Subsidy Amount		
		Non-subsidized kindergartens	Subsidized kindergartens/ certified <i>kodomoen</i>	Non-authorized daycare centers, etc.
New Type 1 Certification	When a child is 3 years old or older and the parent wishes to provide the child with education at a non-subsidized kindergarten (does not require extended childcare)	Up to 25,700 yen per month		
New Type 2 Certification	When a child is 3 years old or older and one of the "reasons for need of childcare" (such as the working of the parent) applies, and the parent wishes to use extended childcare or a non-authorized daycare center, etc.	Up to 25,700 yen + (450 yen × number of days extended childcare was used [up to 11,300 yen per month]) per month	450 yen × number of days extended childcare was used per month (up to 11,300 yen per month)	Up to 37,000 yen per month
New Type 3 Certification	When a child is 3 years old or older, one of the "reasons for need of childcare" (such as the working of the parent) applies, and the household is exempt from resident's tax, and the parent wishes to use extended childcare or a non-authorized daycare center, etc.	Up to 25,700 yen + (450 yen × number of days extended childcare was used [up to 16,300 yen per month]) per month	450 yen × number of days extended childcare was used per month (up to 16,300 yen per month)	Up to 42,000 yen per month

### Notes:

1. Details about "reasons for need of childcare" can be found on the city website.
2. Childcare Facilities Use Subsidy only covers the cost of childcare, and you are still required to pay other fees such as for textbooks, lunch, commuting transportation, and events.
3. If the actual cost of childcare is less than the maximum subsidy, the subsidy will be limited to the actual amount.
4. To use subsidized kindergartens and certified *kodomoen*, you must have received type 1 Education and Childcare Subsidy Certification (page 30).
5. Non-authorized daycare center, etc. include non-authorized daycare center (page 46), temporary childcare (page 45), childcare for sick and convalescent children (page 45), and the Family Support Center (page 66).
6. Subsidies are only provided when using a city-designated subsidy-eligible facility.

### Inquiries:

New Type 1 Certification: Day Nursery Division Tel: 042-769-8341 (direct line)

New Type 2 and 3 Certification: See "Information and Inquiries" on page 31.

## ● Application Procedures for Childcare Facilities Use Subsidy Certification

Application procedures for Childcare Facilities Use Subsidy Certification differs depending on the type of facility you wish to use.

Facility Type	Certification Type	Application Procedures
Non-subsidized kindergartens	New type 1, 2 or 3 certification	Apply with the city through the desired facility of use
Subsidized kindergartens and certified kodomoen (requires use of extended childcare)	New type 2 or 3 certification	Apply with the city through the desired facility of use
Non-authorized daycare center, etc.	New type 2 or 3 certification	Apply with the city directly or through the desired facility of use (differs by facility)

## Sukusuku Childcare Attendant (Childcare Counseling Specialist)

The Childcare Support Centers of each ward are staffed by “Sukusuku Childcare Attendants” who specialize in providing counseling on childcare. They will provide you with the information, consultation, and assistance to enable the smooth use of individual childcare services that meet your family’s needs. To receive a consultation from a Sukusuku Childcare Attendant, contact your local Childcare Support Center.

**Inquiries:** Contact your local Childcare Support Center (See Information and Inquiries on page 31)

## Nursery Schools

### List of Nursery Schools

A “○” in the “Temp.” column means that temporary childcare is available.

The “Est.” item refers to one of the following types of establishing organization.

Soc. = Social welfare corporation; Edu. = Incorporated educational institute; Corp. = Business corporation; Inc. = General incorporated association; City = Sagami-hara City; Other = Other corporate bodies, individuals, etc.

◎ Nursery Schools under the jurisdiction of the Midori Childcare Support Center (Tel: 042-775-8813)

No.	Name	Est.	Address	Tel.	Temp.
1	Hoshinoko Nursery School	Soc.	2-14-7 Aihara, Midori-ku	042-700-2007	○
2	Hoshinoko Daisan Nursery School	Soc.	2-10-19 Aihara, Midori-ku	042-775-5361	○
3	Aihara Nursery School	City	4-21-6 Aihara, Midori-ku	042-773-2341	
4	Raymond Nishi-Hashimoto Nursery School	Soc.	1-7-1 Nishi-Hashimoto, Midori-ku	042-703-7268	○
5	Combi Plaza Hashimoto Nursery School	Corp.	Orarion Site communal building 1F, 5-2-15 Nishi-Hashimoto, Midori-ku	042-770-7038	
6	Ask Hashimoto Nursery School	Corp.	1-3-7 Hashimoto, Midori-ku	042-771-9064	
7	Angel House Nursery School	Corp.	2-6-26 Hashimoto, Midori-ku	042-700-4150	○
8	Angel House Nursery School Annex	Corp.	2-24-4 Hashimoto, Midori-ku	042-703-7103	
9	Raymond Hashimoto Nursery School	Soc.	Park Square 1F, 3-13-1 Hashimoto, Midori-ku	042-775-5301	
10	Raymond Hashimoto Nursery School Annex	Soc.	Mewe Hashimoto 2F, 3-28-1 Hashimoto, Midori-ku	042-703-8215	
11	Genkids Daini Nursery School	Soc.	5-30-23 Hashimoto, Midori-ku	042-700-7770	○
12	Kounotori Hashimoto Nursery School	Soc.	Gran Torre Hashimoto 1F, 6-36-1 Hashimoto, Midori-ku	042-703-0911	○
13	Genkids Nursery School	Soc.	8-4-4 Hashimoto, Midori-ku	042-770-5566	○

No.	Name	Est.	Address	Tel.	Temp.
14	Hoshinoko Daini Nursery School	Soc.	8-27-23 Hashimoto, Midori-ku	042-775-2580	
15	Hashimoto Chuo Nursery School	Other	1-25-17 Hashimotodai, Midori-ku	042-703-1855	○
16	Takami Nursery School	Soc.	3-16-9 Higashi-Hashimoto, Midori-ku	042-773-3235	○
17	Chisaki Hana Nursery School	Soc.	1848-5 Oshima, Midori-ku	042-761-2563	○
18	Osawa Nursery School	City	383-3 Kamikuzawa, Midori-ku	042-761-0380	

◎ Nursery Schools under the jurisdiction of the Shiroyama Branch, Midori Childcare Support Center (Tel: 042-783-8060)

No.	Name	Est.	Address	Tel.	Temp.
1	Shiroyama Chuo Nursery School	City	1-5-47 Kubosawa, Midori-ku	042-782-5135	
2	Shiroyama Seibu Nursery School	City	1-18-1 Tanigahara, Midori-ku	042-782-8011	
3	Genkids Shiroyama Nursery School	Soc.	1-5-14 Machiya, Midori-ku	042-782-6555	○

◎ Nursery Schools under the jurisdiction of the Tsukui Branch, Midori Childcare Support Center (Tel: 042-780-1420)

No.	Name	Est.	Address	Tel.	Temp.
1	Kushikawa Nursery School	City	975 Aoyama, Midori-ku	042-784-1378	
2	Aonohara Nursery School	City	1975-2 Aonohara, Midori-ku	042-787-0131	
3	Nakano Nursery School	City	152-1 Oi, Midori-ku	042-784-4400	
4	Kushikawa Tobu Nursery School	City	1579-1 Negoya, Midori-ku	042-784-2907	
5	Tsukui Chuo Nursery School	City	932 Mikage, Midori-ku	042-784-0289	○

◎ Nursery Schools under the jurisdiction of the Sagamiko Branch, Midori Childcare Support Center (Tel: 042-684-3717)

No.	Name	Est.	Address	Tel.	Temp.
1	Uchigo Nursery School	City	823 Suwarashi, Midori-ku	042-685-0002	

◎ Nursery Schools under the jurisdiction of the Fujino Branch, Midori Childcare Support Center (Tel: 042-687-5515)

No.	Name	Est.	Address	Tel.	Temp.
1	Hizure Nursery School	City	1063-1 Hizure, Midori-ku	042-687-4739	

◎ Nursery Schools under the jurisdiction of the Chuo Childcare Support Center (Tel: 042-769-9267)

No.	Name	Est.	Address	Tel.	Temp.
1	Takenoko Nursery School	Soc.	2-5-9 Oyama, Chuo-ku	042-773-9113	
2	Takenoko Daini Nursery School	Soc.	2-7-24 Oyama, Chuo-ku	042-779-3330	
3	Miratz Sagamihara Nursery School	Corp.	1-2F, 4-5-3 Chuo, Chuo-ku	042-768-7454	○
4	Epoch Nursery School	Inc.	3-8-8 Sagamihara, Chuo-ku	042-754-1616	
5	Angel Nursery School	Soc.	4-7-14 Sagamihara, Chuo-ku	042-776-0906	○
6	Pokkapokka Nursery Sagamiharaen	Corp.	6-1-6 Sagamihara, Chuo-ku	042-754-6767	○
7	Nursery Room Felice Sagamiharaen	Corp.	8-5-12 Sagamihara, Chuo-ku	042-704-8336	○
8	Sagamihara Nursery School	City	8-7-5 Sagamihara, Chuo-ku	042-753-2288	○
9	Susukino Nursery School	Soc.	2-6 Susukinocho, Chuo-ku	042-752-3044	○
10	Sagami Nursery School	Edu.	2-7-26 Yabe, Chuo-ku	042-752-2045	○
11	Chiyoda Nursery School	Soc.	4-5-12 Chiyoda, Chuo-ku	042-758-7711	○
12	Chiyoda Nursery School Annex Moomin	Soc.	4-2-15 Chiyoda, Chuo-ku	042-810-7711	
13	Fuji Infant Nursery School	Soc.	1-4-8 Hoshigaoka, Chuo-ku	042-752-5548	
14	Fuji Infant Nursery School Annex Fuji	Soc.	4-10-19 Hoshigaoka, Chuo-ku	042-853-1122	

No.	Name	Est.	Address	Tel.	Temp.
15	Izumi Nursery School	Soc.	2-8 Aoba, Chuo-ku	042-756-3044	○
16	Kamimizo Nursery School	Soc.	3-2-1 Hikarigaoka, Chuo-ku	042-754-7374	○
17	Kohitsuji Nursery School	Inc.	2-5-11 Yokodai, Chuo-ku	042-756-4372	
18	Yokodai Nursery School	City	3-19-1 Yokodai, Chuo-ku	042-756-5300	
19	Nursery School Chibikko House	Other	1F, Casa Kanumadai, 1-13-11 Kanumadai, Chuo-ku	042-759-7598	
20	Suzuran Nursery School	Corp.	Ootani Daiichi Building, 2-18-6 Kanumadai, Chuo-ku	042-776-0780	○
21	Momiji Nursery School Kamiyabe	Soc.	1-5-12 Kamiyabe, Chuo-ku	042-707-8562	○
22	Nursery School Grandir	Corp.	2-16-5 Higashi-Fuchinobe, Chuo-ku	042-758-6136	
23	Nighttime Nursery Dream	Soc.	1-16-5 Fuchinobe, Chuo-ku	042-768-2265	○
24	YMCA Oberin Nursery School	Soc.	J.F. Oberin University international dormitory 2F, 3-5-41 Fuchinobe, Chuo-ku	042-707-9974	○
25	Fuchinobe Wanpakuen	Corp.	La Tiv Bldg. 1F, 4-37-12 Fuchinobe, Chuo-ku	042-768-2333	
26	Nijiro Nursery School Fuchinobe	Corp.	5-9-6 Fuchinobe, Chuo-ku	042-851-3022	○
27	Harakara Nursery School	Soc.	2-25-31 Fuchinobe-Honcho, Chuo-ku	042-707-0172	○
28	Pokkapokka International Nursery School	Corp.	4-1-17 Fuchinobe-Honcho, Chuo-ku	042-707-0140	
29	Kamiyabe Nursery School	City	3-1 Yabe-Shincho, Chuo-ku	042-755-3297	○
30	Hiyoko Nursery School	Soc.	7-5-3 Kamimizo, Chuo-ku	042-762-1015	○
31	Hiyoko Nursery School Annex	Soc.	Shimizuya Department Store Bldg. 1F, 7-4-14 Kamimizo, Chuo-ku	042-760-7515	
32	Fuji Daini Nursery School	Soc.	350 Kamimizo, Chuo-ku	042-778-2211	○
33	Hiyoko Daini Nursery School	Soc.	1887-1 Kamimizo, Chuo-ku	042-750-0680	○
34	Minami-Kamimizo Nursery School	City	1961-1 Kamimizo, Chuo-ku	042-756-3140	○
35	Yuai Nursery School	Soc.	2-14-68 Suigo-Tana, Chuo-ku	042-762-0349	○
36	Kuwanomi Nursery School	Other	1580-10 Tana, Chuo-ku	042-763-5014	
37	Tana Nursery School	City	6229-2 Tana, Chuo-ku	042-761-0905	○

◎ Nursery Schools under the jurisdiction of the Minami Childcare Support Center (Tel: 042-701-7723)

No.	Name	Est.	Address	Tel.	Temp.
1	Onomura Itsukino Nursery School	Soc.	3-15-48 Onodai, Minami-ku	042-707-8723	○
2	Nijiro Nursery School Kobuchi	Corp.	2-17-19 Kobuchi, Minami-ku	042-707-9116	○
3	Kobuchi Nursery School	Soc.	3-1-8 Kobuchi, Minami-ku	042-707-1425	○
4	Sagamihara Kobuchi Kirara Nursery School	Corp.	4-2-1 Kobuchi, Minami-ku	042-768-8065	○
5	Nursery School T&Y Komorebi-no Mori	Soc.	3-5-8 Nishi-Onuma, Minami-ku	042-702-9885	○
6	Onuma Nursery School	City	3-18-20 Higashi-Onuma, Minami-ku	042-745-2140	
7	Nijiro Nursery School Kami-Tsuruma Honcho	Corp.	2-6-21 Kami-Tsuruma Honcho, Minami-ku	042-705-2451	
8	Meitoku Kamitsuruma Nursery School	Soc.	4-11-10 Kami-Tsuruma Honcho, Minami-ku	042-705-4410	○
9	Yaguchi Nursery School	City	4-47-10 Kami-Tsuruma Honcho, Minami-ku	042-742-6915	
10	Fuji Sun Sun Nursery School	Soc.	6-4-11 Kami-Tsuruma Honcho, Minami-ku	042-815-3311	○
11	Fuji Sun Sun Nursery School Annex Fuji Baby Home	Soc.	6-25-3 Kami-Tsuruma Honcho, Minami-ku	042-815-3311	
12	Nursery School Alice	Soc.	7-9-34 Kami-Tsuruma Honcho, Minami-ku	042-749-0253	○
13	Rissho Kid's Kirari	Soc.	Building D, 2F, 4-5-5 Sagami-Ono, Minami-ku	042-767-2013	○
14	Rissho Kid's Kirari Annex Popy	Soc.	4-5-1-201 Sagami-Ono, Minami-ku	042-744-2213	
15	Mom Kids Sagami-Ono North Exit	Corp.	Shino Plaza 2-3F, 5-29-10-1 Sagami-Ono, Minami-ku	042-705-5234	○
16	Mom Kids Ono North Exit Shin-en	Corp.	1F, 6-9-26 Sagami-Ono, Minami-ku	042-705-6455	○
17	Mommy Nursery School Sagami-Ono	Corp.	Brother Bldg. Sagami-Ono, 7-3-3 Sagami-Ono, Minami-ku	042-747-3667	
18	Mom Kids Sagami-Ono South Exit	Corp.	7-7-5 Sagami-Ono, Minami-ku	042-740-5315	○

No.	Name	Est.	Address	Tel.	Temp.
19	Sagami-Ono Kirara Nursery School	Corp.	7-37-10 Sagami-Ono, Minami-ku	042-701-6075	○
20	Mirai Nursery School	Corp.	1-A, Yuyu Squalle Sagami-Ono, 8-7-7 Sagami-Ono, Minami-ku	042-705-5511	
21	Nonohana Bunkyo Nursery School	Soc.	1-6-5 Bunkyo, Minami-ku	042-705-3355	○
22	Hiyoko Daisan Nursery School	Soc.	13-9 Sakaecho, Minami-ku	042-767-5565	
23	Hiyoko Daisan Nursery School Annex	Soc.	1-A, Lee Renaissance, 5-29-12 Sagami-Ono, Minami-ku	042-767-5565	
24	Torin Nursery School	City	1-13-17 Sonan, Minami-ku	042-742-2763	○
25	Sagamihara Higashi-Rinkan Kirara Nursery School	Corp.	2-7-5 Kami-Tsuruma, Minami-ku	042-767-7090	○
26	Kunugidai Nursery School	Soc.	3-23-18 Kami-Tsuruma, Minami-ku	042-745-1152	○
27	Kunugidai Nursery School Annex	Soc.	Sagami-Ono Omori Bldg. 2F, 7-1-10 Sagami-Ono, Minami-ku	042-747-9181	
28	Canvas Higashi-Rinkan Nursery School	Soc.	4-26-4 Kami-Tsuruma, Minami-ku	042-701-0771	○
29	Nursery School Higashi-Rinkan Junior Club	Soc.	6-6-23 Kami-Tsuruma, Minami-ku	042-746-1677	
30	Happy Child Nursery School	Others	1F, PROSPER-K, 6-28-7 Kami-Tsuruma, Minami-ku	042-810-8645	○
31	Gakken Nursery Higashi-Rinkan	Corp.	1-17-14 Higashi-Rinkan, Minami-ku	042-705-1725	
32	Asamidori Nursery School	Soc.	2-22-6 Higashi-Rinkan, Minami-ku	042-705-8653	○
33	Canvas Higashi-Rinkan Daini Nursery School	Soc.	7-35-3 Higashi-Rinkan, Minami-ku	042-702-0881	○
34	Asamizo Nursery School	City	1357-1 Taima, Minami-ku	042-778-3752	○
35	Asamizodai Nursery School	City	6-25-35 Asamizodai, Minami-ku	042-742-6653	○
36	Sobudai Nursery School	City	2-39-11 Araisono, Minami-ku	046-255-1149	○
37	Araisono Nursery School	Soc.	3-22-15 Araisono, Minami-ku	046-253-0795	○
38	Araiso Nursery School	City	1176-13 Isobe, Minami-ku	046-255-6124	
39	Marshmallow Nursery School	Soc.	2-26-4 Sagamidai, Minami-ku	042-745-1601	○
40	Aoisora Nursery School	Soc.	5-8 Sagamidai-Danchi, Minami-ku	042-705-1523	○
41	Nursery School T&Y Minamidai	Soc.	1-4-20 Minamidai, Minami-ku	042-851-5828	○
42	Rissho Nursery School	Soc.	5-10-26 Minamidai, Minami-ku	042-744-1313	○
43	Rissho Nursery School Annex Preschool Rissho	Soc.	Pairnade Odasaga 1F, 5-11-9 Minamidai, Minami-ku	042-701-9013	
44	Sendan Nursery School	Soc.	2078-2 Shindo, Minami-ku	046-251-1346	○

## Certified Kodomoen

*Kodomoen* are facilities that combine the functions and features of kindergartens and nursery schools. The eligible ages and certification types differ depending on the individual facilities.

Facility Type	Eligible Certifications	Information on Facility
Combined kindergarten and nursery school type	Type 1, 2, and 3 Education and Childcare Subsidy Certification*	Facilities positioned as both schools and child welfare facilities
Kindergarten type		Facilities that add the functions of nursery schools to kindergartens
Nursery school type		Facilities that add the functions of kindergartens to nursery schools (child welfare facilities)

\*The eligible ages for each facility differ.

### List of Certified Kodomoen

The “Cert.” item refers to the eligible certification types of Education and Childcare Subsidy Certification (for information on the certification types, see page 30).

A “★” means only 2 year-old children with Type 3 Education and Childcare Subsidy Certification are accepted.

- ◎ Certified *kodomoen* under the jurisdiction of the Midori Childcare Support Center (Tel: 042-775-8813)  
 Note: Contact the individual facilities for details on entrance procedures for Type 1 Education and Childcare Subsidy Certification .

No.	Name	Type	Est.	Address	Cert.	Tel.	Temp.
1	Nihonmatsu Kodomoen	Combined	Soc.	2-30-30 Nihonmatsu, Midori-ku	1, 2, 3	042-773-2515	○
2	Certified Kodomoen Sagamino Kindergarten	Combined	Edu.	3-9-12 Nihonmatsu, Midori-ku	1, 2, 3	042-772-2915	
3	Certified Kodomoen Shinmachi Kindergarten	Kindergarten	Edu.	1-20-5 Aihara, Midori-ku	1, 2	042-772-0926	
4	Combined Certified Kodomoen Hashimoto Ringo Kodomoen	Combined	Soc.	1-12-25 Hashimoto, Midori-ku	1, 2, 3	042-770-1509	○
5	Combined Certified Kodomoen Himawari Daini Kodomoen	Combined	Soc.	4-18-19 Hashimoto, Midori-ku	1, 2, 3	042-703-5847	○
6	Certified Kodomoen Hashimoto Kindergarten	Kindergarten	Edu.	6-14-1 Hashimoto, Midori-ku	1, 2	042-771-1448	
7	Ritose Hashimoto Kodomoen	Nursery	Inc.	6-22-8 Hashimoto, Midori-ku	1, 2, 3	042-703-6655	○
8	Nishi-Hashimoto Mitake Kodomoen	Combined	Soc.	2-20-12 Nishi-Hashimoto, Midori-ku	1, 2, 3	042-700-6688	
9	Combined Certified Kodomoen Minnano Toppo Kodomoen	Combined	Soc.	1-19-12 Higashi-Hashimoto, Midori-ku	1, 2, 3	042-770-1609	○
10	Combined Certified Kodomoen Higashi-Hashimoto Himawari Kodomoen	Combined	Soc.	4-14-36 Higashi-Hashimoto, Midori-ku	1, 2, 3	042-773-2016	○
11	Combined Certified Kodomoen Oshima Kindergarten	Combined	Edu.	202-1 Oshima, Midori-ku	1, 2, 3	042-762-3633	○

No.	Name	Type	Est.	Address	Cert.	Tel.	Temp.
12	Combined Certified Kodomoen Mukudori Kazeno-mori Kodomoen	Combined	Soc.	11-147 Oshima, Midori-ku	1, 2, 3	042-762-8328	○
13	Combined Certified Kodomoen Mukudori Kazeno-mori Kodomoen Annex	Combined	Soc.	1F, Bldg. No. 1, Municipal Kamikuzawa-Danchi, 4 Kamikuzawa, Midori-ku	3	042-761-6866	
14	Certified Kodomoen Genkikko (Osawa Daini Kindergarten)	Kindergarten	Edu.	1304-2 Oshima, Midori-ku	1, 2, 3 ★	042-761-3464	
15	Combined Certified Kodomoen Osawa Kindergarten	Kindergarten	Edu.	267 Kamikuzawa, Midori-ku	1, 2, 3	042-762-4389	
16	Certified Kodomoen Terute Kindergarten	Kindergarten	Edu.	441-1 Kamikuzawa, Midori-ku	1, 2	042-762-3594	
17	Combined Certified Kodomoen Mukudori Kodomoen	Combined	Soc.	454 Shimokuzawa, Midori-ku	1, 2, 3	042-762-6680	○
18	Certified Kodomoen Kira Kira	Combined	Soc.	1520-1 Shimokuzawa, Midori- ku	1, 2, 3	042-713-3781	○
19	Certified Kodomoen Kira Kira Annex Yamato	Combined	Soc.	1522-1 Shimokuzawa, Midori- ku	1, 2	042-713-3731	
20	Combined Certified Kodomoen Mukudori Kazeno-oka Kodomoen	Combined	Soc.	1558-14 Shimokuzawa, Midori-ku	1, 2, 3	042-760-1122	○

◎ Certified *kodomoen* under the jurisdiction of the Shiroyama Branch, Midori Childcare Support Center (Tel: 042-783-8060)

Note: Contact the individual facilities for details on entrance procedures for Type 1 Education and Childcare Subsidy Certification.

No.	Name	Type	Est.	Address	Cert.	Tel.	Temp.
1	Certified Kodomoen Shiroyama Wakaba Kindergarten	Kindergarten	Edu.	6-5-14 Wakabadai, Midori-ku	1, 2, 3 ★	042-782-8185	
2	Certified Kodomoen Taiyo- no Ko	Kindergarten	Edu.	3-6-10 Harajuku-minami, Midori-ku	1, 2	042-782-6332	

◎ Certified *kodomoen* under the jurisdiction of the Tsukui Branch, Midori Childcare Support Center (Tel: 042-780-1420)

Note: Contact the individual facilities for details on entrance procedures for Type 1 Education and Childcare Subsidy Certification.

No.	Name	Type	Est.	Address	Cert.	Tel.	Temp.
1	Certified Kodomoen Tsukuigaoka Kindergarten	Kindergarten	Edu.	838-1 Nagatake, Midori-ku	1, 2	042-784-5133	

◎ Certified *kodomoen* under the jurisdiction of the Sagamiko Branch, Midori Childcare Support Center (Tel: 042-684-3737)

Note: Contact the individual facilities for details on entrance procedures for Type 1 Education and Childcare Subsidy Certification.

No.	Name	Type	Est.	Address	Cert.	Tel.	Temp.
1	Sagamiko Kodomoen	Combined	City	886-7 Yose, Midori-ku	1, 2, 3	042-684-3025	○

- ◎ Certified *kodomoen* under the jurisdiction of the Chuo Childcare Support Center (Tel: 042-769-9267)  
 Note: Contact the individual facilities for details on entrance procedures for Type 1 Education and Childcare Subsidy Certification.

No.	Name	Type	Est.	Address	Cert.	Tel.	Temp.
1	Certified Kodomoen Akane Kindergarten	Kindergarten	Edu.	964 Shimokuzawa, Chuo-ku	1, 2	042-773-0730	
2	Seishin Kodomoen	Combined	Soc.	3-16-17 Miyashimo, Chuo-ku*	1, 2, 3	042-700-0371	○
3	Certified Kodomoen Oyama Shirayuri Kindergarten	Kindergarten	Edu.	3-4-12 Miyashimo-Honcho Chuo-ku	1, 2	042-773-8241	
4	Combined Certified Kodomoen Daini Futabaen	Combined	Soc.	1-2-17 Minami-Hashimoto, Chuo-ku	1, 2, 3	042-700-1250	○
5	Minami-Hashimoto Mitake Kodomoen	Combined	Soc.	3-4-21 Minami-Hashimoto, Chuo-ku	1, 2, 3	042-700-8008	○
6	Certified Kodomoen Yokoyama Kindergarten	Kindergarten	Edu.	2-10-8 Yokoyama-dai, Chuo-ku	1, 2	042-755-5603	
7	Yokoyamadai Kodomoen	Combined	Soc.	2-24-16 Yokoyama-dai, Chuo-ku	1, 2, 3	042-756-2102	○
8	Certified Kodomoen Sukoyaka	Combined	Soc.	4-12-14 Yokoyama, Chuo-ku	1, 2, 3	042-752-8184	○
9	Certified Kodomoen Sukoyaka Annex Hagukumi	Combined	Soc.	2F, 4-12-1 Chuo, Chuo-ku	3	042-704-8637	
10	Aioi Kodomoen	Combined	Soc.	2-17-3 Aioi, Chuo-ku	1, 2, 3	042-730-6337	○
11	Komachi-dori Mitake Kodomoen	Combined	Soc.	2-2-14 komachi-dori, Chuo-ku	1, 2, 3	042-775-5088	○
12	Sagami Shirayuri Kindergarten	Kindergarten	Other	4-1-20 Yabe, Chuo-ku	1, 2	042-752-2328	
13	Certified Kodomoen Hoshigaoka Kindergarten	Kindergarten	Edu.	3-5-10 Hoshigaoka, Chuo-ku	1, 2	042-752-4842	
14	Combined Certified Kodomoen Hoshigaoka Futabaen	Combined	Soc.	1-16-15 Hoshigaoka, Chuo-ku	1, 2, 3	042-757-3413	○
15	Combined Certified Kodomoen Hohigaoka Futabaen Annex	Combined	Soc.	Nishimon Community Plaza 2F, 6-20-1 Sagamihara, Chuo-ku	3	042-751-3577	
16	Yumeiro Kodomoen	Nursery	Corp.	1F, Villa Sagamihara, 4-8-6 Sagamihara, Chuo-ku	3	042-707-8357	
17	Yumeiro Kodomoen Annex	Nursery	Corp.	4-9-6 Sagamihara, Chuo-ku	1, 2	042-707-8631	
18	Certified Kodomoen Chuo Kindergarten	Kindergarten	Edu.	2-24-1 Hikarigaoka, Chuo-ku	1, 2	042-755-0391	
19	Combined Certified Kodomoen Hikari Kids	Combined	Soc.	2-12-15 Kanumadai, Chuo-ku	1, 2, 3	042-786-0670	○
20	Combined Certified Kodomoen Hikari Kids Annex	Combined	Soc.	1F, 1-2-24 Kanumadai, Chuo-ku	3	042-704-7600	
21	Takenouchi Kodomoen	Combined	Soc.	4-25-3 Higashi-Fuchinobe, Chuo-ku	1, 2, 3	042-730-6336	○
22	Fuchinobe Mikuni Kodomoen	Combined	Soc.	1-4-3 Kyowa, Chuo-ku	1, 2, 3	042-768-7550	○
23	Ai-no-sono Fuchinobe Kodomoen	Combined	Soc.	1-16-5 Fuchinobe, Chuo-ku	1, 2, 3	042-752-2123	○
24	Ai-no-sono Fuchinobe Kodomoen Annex Mahoroba	Combined	Soc.	1-12-16 Fuchinobe, Chuo-ku	3	042-730-6001	

\*Seishin Kodomoen moved to 27 Susukinocho, Chuo-ku in May 2022.

No.	Name	Type	Est.	Address	Cert.	Tel.	Temp.
25	Certified Kodomoen Sagami Tsubasa Kindergarten	Kindergarten	Edu.	2-22-7 Fuchinobe, Chuo-ku	1, 2	042-753-2196	
26	Certified Kodomoen Hibarikko Club (Fuchinobe Hibari Kindergarten)	Kindergarten	Edu.	4-31-7 Fuchinobe, Chuo-ku	1, 2	042-755-0394	
27	Certified Kodomoen Takenouchi Kindergarten	Kindergarten	Edu.	4-23-20 Higashi-Fuchinobe, Chuo-ku	1, 2	042-756-5978	
28	Donguri Kodomoen	Nursery	Soc.	4-15-20 Kamimizo, Chuo-ku	1, 2, 3	042-762-0768	○
29	Certified Kodomoen Mizuho Kindergarten	Kindergarten	Edu.	7-31-4 Kamimizo, Chuo-ku	1, 2	042-762-2289	
30	Certified Kodomoen Tana Kindergarten	Kindergarten	Edu.	1-16-3 Suigo-Tana, Chuo-ku	1, 2, 3 ★	042-761-1606	
31	Combined Certified Kodomoen Shimizu Kodomoen	Combined	Soc.	2166-2 Tana, Chuo-ku	1, 2, 3	042-762-1871	○

◎ Certified *kodomoen* under the jurisdiction of the Minami Childcare Support Center (Tel: 042-701-7723)  
 Note: Contact the individual facilities for details on entrance procedures for Type 1 Education and Childcare Subsidy Certification.

No.	Name	Type	Est.	Address	Cert.	Tel.	Temp.
1	Certified Kodomoen Momo	Combined	Soc.	1-21-4 Unomori, Minami-ku	1, 2, 3	042-767-8470	○
2	Certified Kodomoen Unomori Kindergarten	Kindergarten	Edu.	2-11-1 Unomori, Minami-ku	1, 2	042-743-3597	
3	Combined Certified Kodomoen Onodai	Combined	Soc.	4-3-20 Onodai, Minami-ku	1, 2, 3	042-755-0030	○
4	Kobuchi Aoba Kodomoen	Combined	Soc.	1-5-3 Kobuchi, Minami-ku	3	042-704-7063	○
5	Kobuchi Aoba Kodomoen Annex Bambino	Combined	Soc.	2-13-8 Kobuchi, Minami-ku	1, 2	042-704-7063	○
6	Certified Kodomoen Pino	Combined	Soc.	1-8-1 Kobuchi, Minami-ku	2, 3	042-750-0065	
7	Certified Kodomoen Sagami Sugino Kindergarten	Kindergarten	Edu.	3-26-19 Kobuchi, Minami-ku	1, 2	042-744-0503	
8	Combined Certified Kodomoen Wakamatsu Kodomoen	Combined	Soc.	2-3-7 Wakamatsu, Minami-ku	1, 2, 3	042-745-1122	○
9	Certified Kodomoen Minami-Ono Kindergarten	Kindergarten	Edu.	1-3-1 Kami-Tsuruma, Minami-ku	1, 2	042-742-8822	
10	Certified Kodomoen Sagami-Rinkan Kindergarten	Combined	Edu.	4-2-1 Kami-Tsuruma, Minami-ku	1, 2, 3	042-742-8227	
11	Ritose Sagami-Ono Kodomoen	Nursery	Inc.	3-16-18 Sagami-Ono, Minami-ku	1, 2, 3	042-705-4500	○
12	Saiwai Kodomoen	Combined	Soc.	9-15-36 Sagami-Ono, Minami-ku	1, 2, 3	042-747-8000	○
13	Certified Kodomoen Sagami Women's University Kindergarten	Combined	Edu.	2-1-1 Bunkyo, Minami-ku	1, 2, 3	042-742-1445	○
14	Taiyo Kodomoen	Combined	Soc.	10-5 Yutakacho, Minami-ku	1, 2, 3	042-767-3215	○
15	Combined Certified Kodomoen Matsugae Kodomoen	Combined	Soc.	10-14 Matsugae-cho, Minami-ku	1, 2, 3	042-747-7100	○
16	Sobudai Shin-Nihon Kodomoen	Combined	Soc.	1-4-3 Sobudai Danchi, Minami-ku	1, 2, 3	046-251-3215	○

No.	Name	Type	Est.	Address	Cert.	Tel.	Temp.
17	Certified Kodomoen Sagami Himawari Kindergarten	Kindergarten	Edu.	2-7-6 Higashi-Onuma, Minami-ku	1, 2	042-744-0220	
18	Certified Kodomoen Sagamihara High School Komyo Kindergarten	Kindergarten	Edu.	870-6 Taima, Minami-ku	1, 2	042-778-2846	
19	Certified Kodomoen Tsukushino Kindergarten	Kindergarten	Edu.	3-22-16 Araisono, Minami-ku	1, 2	046-254-3614	

## Small-scale Childcare Services

Small-scale childcare services provide a high level of care for a small number of children (capacities of 6–19 children) aged 0 to 2 years old. These services are classified as Type A, B, or C depending on their capacity, the staff, etc.

Type	Eligible Certifications	Information on Facility
Type A	Type 3 Education and Childcare Subsidy Certification	Daycare providers offer childcare for a small number (6–19) of children.
Type B		Daycare providers and trained childcare workers offer childcare for a small number (6–19) of children.
Type C		Daycare providers and trained childcare workers offer group-based family-style childcare for a small number (6–10) of children.

### List of Small-scale Childcare Services

A “○” in the “Temp.” item means that temporary childcare is available.

#### ◎ Small-scale Childcare Services under the jurisdiction of the Midori Childcare Support Center (Tel: 042-775-8813)

No.	Name	Est.	Address	Tel.	Type	Temp.
1	Oasis Mikuri Nursery School	Soc.	Mid Oasis Towers 1F, 1-41 Oyama-machi, Midori-ku	042-703-1787	A	○
2	Kokoro Nursery School Hashimoto-eki Minami-guchi	Other	1F, 1-1-20 Hashimoto, Midori-ku	042-703-1875	B	○
3	Nukumori-no Ouchi Nursery Hashimoto-en	Corp.	1-B Advance Hashimoto, 3-6-1 Hashimoto, Midori-ku	042-703-8080	A	
4	Yuyu Nursery School	Other	4-11-2-105 Hashimoto, Midori-ku	042-703-8738	B	○
5	Nukumori-no Ouchi Nursery Daini Hashimoto-en	Corp.	4-11-44 Hashimoto, Midori-ku	042-703-7411	A	
6	Nursery School Mommy Kids Hashimoto Nishiguchi-en	Corp.	Hoyt Abode 1F, 6-26-16 Hashimoto, Midori-ku	042-774-9229	B	
7	Yumeria Nursery School	Other	3-16-4 Higashi-Hashimoto, Midori-ku	042-714-4150	B	

#### ◎ Small-scale Childcare Services under the jurisdiction of the Shiroyama Branch, Midori Childcare Support Center (Tel: 042-783-8060)

No.	Name	Est.	Address	Tel.	Type	Temp.
1	Smile Land	Corp.	2-8-14-1 Mukaihara, Midori-ku	042-851-2725	B	○

#### ◎ Small-scale Childcare Services under the jurisdiction of the Chuo Childcare Support Center (Tel: 042-769-9267)

No.	Name	Est.	Address	Tel.	Type	Temp.
1	Sagamihara Sakura Nursery School	Other	KN Mansion Sagamihara Daiichi-2F, 3-3-18 Sagamihara, Chuo-ku	042-786-5127	A	○
2	Region Fuchinobe Nursery School	Inc.	Sofia Kanuma-Koen 1F, 1-2-10 Kanumadai, Chuo-ku	042-753-8787	A	○
3	Clover Fuchinobe Nursery School	Inc.	Lions Plaza Fuchinobe 2F, 3-9-17 Fuchinobe, Chuo-ku	042-730-1188	A	○
4	Hibarikko Nursery School	Edu.	Verinus 5 1F, 4-14-5 Fuchinobe, Chuo-ku	042-704-9631	A	○
5	Smile Nursery Room Yakumo	Edu.	2-25-5 Hikarigaoka, Chuo-ku	042-715-0005	A	○
6	Nursery School NIJI	Edu.	6-3-2 Yoko-dai, Chuo-ku (Nijigaoka Kindergarten)	042-707-7030	A	

No.	Name	Est.	Address	Tel.	Type	Temp.
7	Kensei Nursery School	Corp.	Central Bldg. 1F, 2-10-14 Sagamihara, Chuo-ku	042-707-7379	B	○
8	Green Wood Nursery School	Corp.	3-6-20 Yabe, Chuo-ku	042-810-5656	B	○
9	Bambini Nursery School	Corp.	1F, 3-18-34 Yabe, Chuo-ku	042-769-0404	B	○
10	Nursery School Kids Land Alice	Corp.	4-12-21 Higashi-Fuchinobe, Chuo-ku	042-707-4267	B	○

◎ Small-scale Childcare Services under the jurisdiction of the Minami Childcare Support Center  
(Tel: 042-701-7723)

No.	Name	Est.	Address	Tel.	Type	Temp.
1	Nursery School Nana	Soc.	1-16-15 Unomori, Minami-ku	042-714-7701	A	○
2	Sukoyaka Kids Room Sagami-Ono Ekimae-en	Corp.	Bono Sagami-Ono South Mall 1F, 3-3-2 Sagami-Ono, Minami-ku	042-705-3371	A	○
3	Ono Ohisama Nursery School	Soc.	Bono Sagami-Ono South Mall 2F, 3-3-2 Sagami-Ono, Minami-ku	042-705-2520	A	○
4	Kinoshita Nursery School Sagami-Ono	Corp.	Sagami-Ono Station Square B-kan 1F, 3-8-1 Sagami-Ono, Minami-ku	042-767-0431	A	
5	Lunlun Child Nursery School	Other	Urbane Sagami 1F, 3-19-13 Sagami-Ono, Minami-ku	042-705-8711	A	○
6	Mom Babies Sagami-Ono	Corp.	Bldg.-P, 1F, 4-5-17 Sagami-Ono, Minami-ku	042-705-0075	A	○
7	Nursery School Mirai Sagami-Ono	Corp.	Edificio Sugata 1F, 7-16-6 Sagami-Ono, Minami-ku	042-705-8707	A	○
8	Budo Ono-minami Nursery School	Inc.	Lumiere Ono-minami 1F, 8-5-1 Sagami-Ono, Minami-ku	042-705-6677	A	○
9	Yotsuba Baby Hidamari	Corp.	4-21-2 Kami-Tsuruma Honcho, Minamiku	042-866-7505	B	○
10	Sunrise Kids Nursery School	Corp.	6-31-8 Kami-Tsuruma, Minami-ku	050-5807-2160	A	
11	Sumire KIDS-en	Corp.	Heiwa Building Matsugae Mansion 2F, 17-15 Matsugae-cho, Minami-ku	042-702-9391	A	○
12	Tampopo Nursery School	Other	1F 1-25-1 Sobudai, Minami-ku	046-298-1500	A	○
13	Apple Kids Hon-en (main branch)	Corp.	1-18-26 Kobuchi, Minami-ku	042-851-3411	A	○
14	Nursery Room Apple Kids	Corp.	Pasania Bldg. 1F, 3-12-4 Kobuchi, Minami-ku	042-794-7594	A	○
15	Bambini Higashi-Onuma Nursery School	Corp.	4-1-7 Higashi-Onuma, Minami-ku	042-705-8300	B	○
16	Konoha Nursery School	Corp.	Bono Sagami-Ono South Mall 3F, 3-3-1 Sagami-Ono, Minami-ku	042-705-8244	B	
17	Yotsuba Baby Ohana	Corp.	1-2F, 6-5-7 Sagami-Ono, Minami-ku	042-733-3337	A	○
18	Baby Room Sukoyaka Sagami-Ono	Corp.	Victoire Fleuve VI 1F, 7-18-12 Sagami-Ono, Minami-ku	042-705-1497	B	○
19	Nozomi Nursery School	Corp.	1-16-20 Bunkyo, Minami-ku	042-705-4849	B	○

## Family-style Daycare Services

Family-style daycare services provide a high level of care for a small number of children (five or less) in a family-style atmosphere.

### List of Family-style Daycare Services

- ◎ Family-style Daycare Services under the jurisdiction of the Chuo Childcare Support Center  
(Tel: 042-769-9267)

No.	Name	Est.	Address	Tel.
1	Konomi Nursery Room	Other	Kamiyabe Jutaku 6-104, Yabe-Shincho 2, Chuo-ku	042-707-7230

- ◎ Family-style Daycare Services under the jurisdiction of the Minami Childcare Support Center  
(Tel: 042-701-7723)

No.	Name	Est.	Address	Tel.
1	Nursery Room Tanpopo Room	Other	Daisan Kyoei Heights B102, 7-13-6 Sagami-Ono, Minami-ku	090-6142-2107

## Corporate In-house Nursery Services

Corporate in-house nursery services provide childcare at childcare facilities inside of company offices for the children of employees and local residents.

### List of Corporate In-house Nursery Services

A “○” in the “Temp.” item means that temporary childcare is available.

- ◎ Corporate in-house nursery services under the jurisdiction of the Chuo Childcare Support Center  
(Tel: 042-769-9267)

No.	Name	Est.	Address	Tel.	Temp.
1	Sagami Fukushi-mura KIDS + Nursery School	Soc.	7691-1 Tana, Chuo-ku	042-764-1110	○
2	Wagen Nursery School Sagamihara-eki mae	Soc.	3429 Oyama, Chuo-ku	042-752-1866	○

## Extended Childcare

Extended childcare beyond the normal closing time of the facility is available at facilities that provide it.

To apply for these services, check the list of facilities and contact facilities directly to find out if they provide them.

**Inquiries:** Day Nursery Division

Tel: 042-769-8340 (direct line)

## Temporary Childcare

Temporary childcare (14 days or less a month as a general rule) is available when providing childcare at home is difficult due to an emergency such as hospitalization or a ceremonial event (weddings, funerals, etc.). In addition, regular childcare (3 days or less as a general rule) is available when providing childcare at home is difficult due to the parent or guardian's work, education, etc. The details of the services provided differ depending on the facility. To check the vacancies of the facilities or apply for these services, check the list of facilities and directly contact those that provide it.

**Inquiries:** Day Nursery Division

Tel: 042-769-8340 (direct line)

## Childcare for Sick and Convalescent Children

Temporary childcare for sick and convalescent children is available for children for whom group childcare is difficult to an illness or due to their convalescence from an illness, and childcare at home is difficult to their parents work, etc. This is limited to children six months or older who are correctly enrolled in nursery schools, kindergartens, etc. within Sagamihara City

### 《Convalescent Childcare Services》(Note: Childcare for children recovering from illnesses.)

#### ● Nursery School Convalescent Childcare Center “Pokkapoka”

Fujiwara Bldg. 1F, 3-7-20 Fuchinobe, Chuo-ku

Tel: 042-704-1300

### 《Childcare Services for Sick Children》(Note: Childcare for sick and recovering children)

#### ● Kitasato Kids Care Room “Himawari”

Kitasato University Hospital (East Building, B1F), 1-15-1 Kitazato, Minami-ku

Tel: 042-778-7815

#### ● Sagamihara Kyodo Hospital Sick Child Nursery Room “Midorikko”

4-3-1 Hashimoto-dai, Midori-ku, Tel: 042-713-3745 (switchboard)

Note: A wide-area cooperation agreement was concluded with Hachioji City and Machida City, allowing Sagamihara City residents to use childcare services for sick children in Hachioji City and Machida City.

### 《Hachioji City》Must register in advance with the Childcare and Kindergarten Section, Children and Families Division, Hachioji City (Tel: 042-620-7248)

#### ● Horinouchi Kids Garden

Room 2-102, Crevia Keio Horinouchi Parknade, 2-2-1 Bessho, Hachioji-shi, Tokyo

A 1-min. walk from Keio Horinouchi Sta. on the Keio Sagamihara Line

#### ● Sick Children Nursery Haru

Adel KS Heim 1F, 3-8-10 Sandamachi, Hachioji-shi, Tokyo

A 1-min. walk from Nishi-Hachioji Sta. on the JR Chuo Line

#### ● Minamino Children's Clinic, Mumin Room

No. 2 Minamino Clinic Center 3F, 3-1-6 Nishikatakura, Hachioji-shi, Tokyo

A 5-min. walk from Hachioji Minamino Sta. on the JR Yokohama Line

### 《Machida City》Register in advance with each facility

#### ● Hayashi Clinic Kid's Care Room

2-29-20 Tadao, Machida-shi, Tokyo, Tel: 042-793-3722

15 min. on a bus from Machida Sta. on the Odakyu Line/JR Yokohama Line

#### ● Sick Children Nursery Ookina-Ki

6-22-15 Haramachida, Machida-shi, Tokyo, Tel: 042-794-7954

A 5-min. walk from Machida Sta. on the Odakyu Line/JR Yokohama Line

**Inquiries:** Day Nursery Division

Tel: 042-769-8340 (direct line)

## Non-authorized Daycare Centers

Non-authorized daycare centers are facilities other than authorized nursery schools, etc. that provide childcare. Their reception hours, educational content and childcare fees differ according to the facility. To apply, please contact these facilities directly.

**Inquiries:** Day Nursery Division

Tel: 042-769-8340 (direct line)

### ● Certified Nursery Rooms

Among non-authorized daycare centers, facilities that have been recognized by Sagami-hara City as meeting certain conditions regarding the childcare provided, facilities standards, etc. are called “certified nursery rooms.” There are systems for childcare fee reductions and enrollment fee reductions for when a sibling enters the same facility, and if the conditions are met, subsidies can be received.

In addition, since the facility is eligible for free preschool education and childcare, if a parent/guardian applies for free childcare and the need for childcare is certified, they are eligible for free childcare up to the maximum amount. For more information, please contact the facility directly. The fee reduction programs cannot be used in combination with the free childcare program.

### List of Certified Nursery Rooms

A “○” in the “Temp.” item means that temporary childcare is available.

Facilities require advance notice when using temporary childcare services.

No.	Name	Address	Tel.	Temp.
1	Nursery School MK Child Hashimoto-en	1-19-13 Nishi-Hashimoto, Midori-ku	042-774-8480	○
2	Nursery School Mommy Kids Hashimoto-en	Hatano Daini Bldg. 105, 5-1-2 Nishi-Hashimoto, Midori-ku	042-774-7867	○
3	SKY Nursery School	Pare Fontino 102, 6-4-7 Hashimoto, Midori-ku	042-703-4346	○
4	Nursery School MK Child Hon-en (main branch)	Thirty-Four Kamikuzawa Bldg. 2F, 350-8 Kamikuzawa, Midori-ku	042-764-5905	○
5	NPO Shinohara-no Sato Nobirukko	2881 Magino, Midori-ku	042-689-2050	○
6	Seishinkan Sogo Gakuen Mebae Nursery Room	8-11-1 Seishin, Chuo-ku	042-753-0599	○
7	Takane Nursery School	1-4-21 Takane, Chuo-ku	042-752-7541	○
8	Nursery School Mommy Kids Fuchinobe Ekimae-en	Grace K2-203, 1-15-1 Kanumadai, Chuo-ku	042-753-6936	○
9	Kids Room Fairy	4-38-14 Fuchinobe-Honcho, Chuo-ku	042-753-0602	○
10	Chibikko House 2	2162-31 Kamimizo, Chuo-ku	042-760-8368	○
11	Nursery School Tulip	Prestige Sagami-Ono 104, 1-42-12 Kami- Tsuruma Honcho, Minami-ku	042-741-4893	○
12	Wakuwaku Nursery Room	Yamazaki Shoji Headquarter Bldg. 1-A, 5-1-4 Kami-Tsuruma Honcho, Minami-ku	042-747-0345	○
13	Kidschool Sagami-Ono	Efty Plaza Sagami-Ono 2F, 8-4-7 Sagami-Ono, Minami-ku	042-815-0860	○
14	Nanairo Kids Room	862-13 Taima, Minami-ku	042-777-0716	○
15	Cosmos Nursery School	2-17-15 Futaba, Minami-ku	042-747-1967	
16	Ajisai Nursery School	1-25-10 Sobudai, Minami-ku	046-251-0412	○

## ● Registered Nonauthorized Daycare Centers

Among the nonauthorized daycare centers, facilities that offer temporary childcare for resident children can be found below in the List of Registered Nonauthorized Daycare Centers.

As of January 2022, these facilities (other than Nighttime Nursery School Kokoro-no-Akushu) are eligible for free preschool education and childcare. If a parent/guardian applies for free childcare and the need for childcare is certified, they are eligible for free childcare up to the maximum amount. For more information, please contact the facility directly.

### List of Registered Nonauthorized Daycare Centers (eight facilities)

No.	Name	Address	Tel.	Industry-Sponsored Facility
1	LCA International Preschool	37-34 Moto-Hashimotocho, Midori-ku	042-771-6141	
2	Nighttime Nursery School Kokoro-no-Akushu	3-3-4 Oyama, Chuo-ku	090-1654-9070	○
3	Nursery School Mommy Kids Fuchinobe Kitaguchi-en	Shimizu Building 1F, 4-20-14 Fuchinobe, Chuo-ku	042-769-6753	○
4	Institute for Nursery Education/ Medaka Kodomo-no-ie	1958-1 Kamimizo, Chuo-ku	042-754-2732	
5	Maria Montessori Kodomo no ie	2-20-28 Unomori, Minami-ku	080-3472-0607	○
6	Maria Montessori Kodomo-no-ie Branch School	2-11-11 Kamitsuruma-Honcho, Minami-ku	080-3472-0607	○
7	Kids School Sagami-Ono Kinder	1F, South Front Sagami-Ono, 8-4-10 Sagami-Ono, Minami-ku	080-5688-9765	
8	Yotsuba Gymnastic Nursery School	3F, Tachibana Bldg., 1-1-29 Bunkyo, Minami-ku	042-749-4541	○

## ● Corporate Daycare Services

Corporate daycare services are nonauthorized daycare centers run by companies, as shown in the List of Corporate Daycare Services below. Although these facilities are mainly for children of employees, some may have space available for community use. Since these facilities are eligible for free preschool education and childcare, the fee will be free if the parent/guardian applies and the need for childcare is certified. Contact each facility for more information.

### List of Corporate Daycare Services (13 facilities)

No.	Name	Address	Tel.	Temp.	Community Use
1	Steiner Nursery Toneriko Kodomo-no-ie	2800-8 Nagura, Midori-ku	042-686-6011	○	○
2	Kokoro Kids Watakyu Sagamihara Room	1-3 Oyamacho, Midori-ku	042-703-7766	○	○
3	With Roost Nursery	1B, Higo Bldg., 3-18-35 Hashimoto dai, Midori-ku	042-703-0835	○	○
4	Ohana	2-10-25 Kamimizo, Chuo-ku	042-785-2966	○	○
5	Nursery School Shiawase Fukurou Sagamihara	1-4-6 Namiki, Chuo-ku	042-707-7356		○
6	Yotsuba Nursery	1F, San Felice, 1-7-3 Sagamihara, Chuo-ku	042-711-7513	○	○
7	Camellia Kids Sagamihara Nursery	2F, Grand Chariot Sagamihara, 3-1-13 Sagamihara, Chuo-ku	042-707-7130		○
8	Leaf Kids Nursery School Sagamihara	Kitazume Bldg., 3-2-4 Sagamihara, Chuo-ku	042-704-9954	○	○
9	Sowa Kotsu Corporate Nursury School	2-11-5 Komachidori, Chuo-ku	042-700-5151	○	○

No.	Name	Address	Tel.	Temp.	Community Use
10	Smile Nursery Tachibana	2-24-1 Hikarigaoka, Chuo-ku	042-755-0391	○	○
11	Social Welfare Corporation Saiwaikai Saiwai Daini Nursery School	3-14-11 Onodai, Minami-ku	042-707-7713		
12	Seishin Nursery School	3-12-7 Sagami-Ono, Minami-ku	042-705-2303	○	○
13	Megumi Nursery School	1F, Buresuto Bldg., 4-6-13 Higashi-Rinkan, Minami-ku	042-705-1775		○

## ● Kids Nurseries (Jido Hoikuen)

Kids nurseries are public facilities that provide childcare, but not officially categorized as nursery school.

**Inquiries:** Day Nursery Division

Tel: 042-769-8313 (direct line)

### List of Kids Nurseries

No.	Name	Est.	Address	Tel.
1	Toya Kids Nursery	City	1365 Toya, Midori-ku	(Temporarily closed)

## Kindergartens

Contact the individual kindergartens for details on entrance procedures, etc.

**Inquiries:** Day Nursery Division

Tel: 042-769-8341 (direct line)

### List of Kindergartens

Subsidized kindergartens are marked with a “○” in the “Subsidized” item.

Note: To see the kindergartens that have become authorized *kodomoen*, see the “List of Certified *Kodomoen*” on page 37.

No.	Name	Est.	Address	Tel.	Subsidized
1	Sagamihara Midori Kindergarten	Other	2-32-22 Higashi-Hashimoto, Midori-ku	042-772-4610	○
2	Shiroyama Kindergarten	City	1-18-52 Machiya, Midori-ku	042-782-4962	○
3	Bara-no Hana Kindergarten	Edu.	1366 Nakano, Midori-ku	042-784-0181	○
4	Fujino Kindergarten	City	1030-12 Yoshino, Midori-ku	042-687-5222	○
5	Uedana Kindergarten	Edu.	5266-1 Tana, Chuo-ku	042-761-6856	
6	Keyaki-no Ko Kindergarten	Edu.	382-3 Kamimizo, Chuo-ku	042-778-3704	
7	Sagami Eiko Kindergarten	Edu.	3-11-13 Yabe, Chuo-ku	042-752-8040	○
8	Seishin Kindergarten	Edu.	3-14-16 Seishin, Chuo-ku	042-754-5290	
9	Nijigaoka Kindergarten	Edu.	6-3-2 Yokodai, Chuo-ku	042-755-3263	
10	Yayoi Kindergarten	Edu.	3-12-19 Fujimi, Chuo-ku	042-755-4575	
11	Ono Bunka Kindergarten	Edu.	5-1-11 Onodai, Minami-ku	042-756-1218	
12	Sagami Hikari Kindergarten	Edu.	5-11-6 Asamizodai, Minami-ku	042-742-3479	
13	Sagami Midorigaoka Kindergarten	Other	2-25-65 Sonan, Minami-ku	042-742-1593	○
14	Seishin Soyo Kindergarten	Edu.	1648 Isobe, Minami-ku	046-254-5192	○
15	Seishin Daiichi Kindergarten	Other	5-13-17 Nishi-Onuma, Minami-ku	042-748-8735	
16	Seishin Daini Kindergarten	Edu.	6-30-12 Sagamidai, Minami-ku	042-743-0403	○

No.	Name	Est.	Address	Tel.	Subsidized
17	Sobudai Chuo Kindergarten	Edu.	2-3-6 Sobudai-Danchi, Minami-ku	046-251-2030	○
18	Nakawada Kindergarten	Other	8-54-10 Kami-Tsuruma Honcho, Minami-ku	042-742-8530	○
19	Hosen Kindergarten	Edu.	2-9-4 Sagamidai, Minami-ku	042-744-1539	
20	Yaguchi Kindergarten	Edu.	4-33-49 Kami-Tsuruma Honcho, Minami-ku	042-742-9661	
21	Rinkan Nozomi Kindergarten	Edu.	6-5-2 Higashi-Rinkan, Minami-ku	042-742-3394	

## Extended Childcare at Private Kindergartens and Certified Kodomoen

Private kindergartens and certified *kodomoen* offer extended childcare for enrolled children. In addition, by receiving Type 2 Childcare Facilities Use Subsidy Certification, you can receive a reduction in extended childcare fees. Please contact each facility for more information on its extended childcare services.

## Quasi-kindergartens

Facilities that are not authorized as kindergartens, nursery schools, or certified *kodomoen*, but conduct educational activities in response to the needs of the community and parents, are called “quasi-kindergartens.”

Contact each facility for more information such as usage procedures.

No.	Name	Address	Tel.
1	Fujino Mori Kindergarten Tette	Yoshino, Midori-ku	080-5657-5006
2	Fujino Steiner Kodomoen Chito	300-1 Nagura, Midori-ku	042-687-2745

Users of quasi-kindergartens may be eligible for up to 20,000 yen per month under the Various Group Activity Utilization Support Program. Contact the Day Nursery Division (042-769-8341) for more information.

## Procedures for Applying for Membership

Children's clubs are available for elementary school students in grades 1 through 3 (up to grade 6 for children who need special support due to disabilities, etc.) whose parents and guardians are not at home after school because of reasons including work. Contact the City Child and Young People Support Division for details on the procedures for applying for membership, etc.

**Inquiries:** City Child and Young People Support Division Tel: 042-769-9227 (direct line)

### List of City-run Children's Clubs

A "★" means that first-grade to fourth-grade elementary school students are eligible.

No.	Name	Address	Tel.
1	Aihara Children's Club	Aihara Elementary School, 4-13-14 Aihara, Midori-ku	042-779-0689
2	Asahi Children's Club	6-31-7 Hashimoto, Midori-ku	042-770-1431
3	Uchigo Children's Club ★	Uchigo Elementary School, 833 Suwarashi, Midori-ku	042-685-3051
4	Osawa Children's Club	Osawa Elementary School, 1581 Oshima, Midori-ku	042-762-2212
5	Oshima Children's Club	Oshima Children's Center, 1121-14 Oshima, Midori-ku	042-762-9891
6	Kawashiri Children's Club	Shiroyama Children's Center, 2-22-1 Kubosawa, Midori-ku	042-783-7145
7	Kuzawa Children's Club	Kuzawa Elementary School, 1859-3 Oshima, Midori-ku	042-763-4448
8	Kushikawa Children's Club	Kushikawa Elementary School, 1424-1 Nagatake, Midori-ku	042-784-9358
9	Keihoku Children's Club ★	Keihoku Elementary School, 877 Yose, Midori-ku	042-684-3238
10	Koryo Children's Club	Koryo Elementary School, 4-3-1 Wakabadai, Midori-ku	042-782-0470
11	Sakunokuchi Children's Club	Sakunokuchi Elementary School, 459-1 Shimokuzawa, Midori-ku	042-763-0687
12	Taimada Children's Club	Taimada Elementary School, 1-14-1 Aihara, Midori-ku	042-772-9688
13	Chigira Children's Club ★	Chigira Elementary School, 1035 Chigira, Midori-ku	042-684-5225
14	Tsukui-Chuo Children's Club	Tsukui-Chuo Elementary School, 39-7 Mikage, Midori-ku	042-780-0032
15	Nakano Children's Club	Nakano Elementary School, 600 Nakano, Midori-ku	042-784-6481
16	Nihonmatsu Children's Club	Nihonmatsu Children's Center, 2-1-1 Nihonmatsu, Midori-ku	042-771-2266
17	Negoya Children's Club	Negoya Elementary School, 1580 Negoya, Midori-ku	042-784-0852
18	Hashimoto Children's Club	Hashimoto Children's Center, 1-12-26 Hashimoto, Midori-ku	042-779-7901
19	Hirota Children's Club	Hirota Elementary School, 9-5 Hirota, Midori-ku	042-782-6656
20	Fujino Children's Club ★	Fujino Elementary School, 549 Hizure, Midori-ku	042-687-3328
21	Fujino-minami Children's Club ★	Fujino-minami Elementary School, 4327 Magino, Midori-ku	042-689-2052
22	Miyakami Children's Club	Next to Miyakami Children's Hall, 3-15-6 Higashi-Hashimoto, Midori-ku	042-772-5133
23	Aoba Children's Club	Aoba Elementary School, 4-8-4 Namiki, Chuo-ku	042-754-2229
24	Ono-kita Children's Club	Ono-kita Children's Center, 2-34-2 Fuchinobe, Chuo-ku	042-752-6339
25	Oyama Children's Club	Oyama Elementary School, 4-3-2 Oyama, Chuo-ku	042-775-1705
26	Kamimizo Children's Club	Kamimizo Elementary School, 7-6-1 Kamimizo, Chuo-ku	042-763-4029
27	Kamimizo-minami Children's Club	Kamimizo-minami Children's Center, 742-2 Kamimizo, Chuo-ku	042-777-0930
28	Kyowa Children's Club	Kyowa Elementary School, 1-16-13 Takane, Chuo-ku	042-756-7273
29	Koyo Children's Club	Koyo Children's Center, 8-23 Koyocho, Chuo-ku	042-751-9695
30	Shinjuku Children's Club	Shinjuku Elementary School, 7019 Tana, Chuo-ku	042-762-9995
31	Seishin Children's Club	Seishin Children's Center, 3-16-7 Seishin, Chuo-ku	042-752-8852

No.	Name	Address	Tel.
32	Tana Children's Club	Tana Children's Center, 4987-6 Tana, Chuo-ku	042-763-0770
33	Tana-kita Children's Club	Tana-kita Elementary School, 1932-1 Tana, Chuo-ku	042-763-4924
34	Chuo Children's Club	Chuo Elementary School, 1-3-22 Fujimi, Chuo-ku	042-756-3233
35	Namiki Children's Club	Namiki Children's Center, 2-16-16 Namiki, Chuo-ku	042-756-0243
36	Hikarigaoka Children's Club ★	Hikarigaoka Elementary School, 2-19-1 Hikarigaoka, Chuo-ku	042-752-2798
37	Fujimi Children's Club	Fujimi Children's Center, 2-4-2 Fujimi, Chuo-ku	042-750-7544
38	Fuchinobe Children's Club	Fuchinobe Elementary School, 4-6-22 Fuchinobe, Chuo-ku	042-755-2156
39	Fuchinobe-higashi Children's Club	Next to Takenouchi Children's Hall, 4-26-12 Higashi-Fuchinobe, Chuo-ku	042-759-1150
40	Hoshigaoka Children's Club	Hoshigaoka Children's Center, 3-1-2 Hoshigaoka, Chuo-ku	042-750-3729
41	Yaei Children's Club	Yaei Elementary School, 3-1-10 Yaei, Chuo-ku	042-757-7675
42	Yokodai Children's Club	Yokodai Children's Center, 2-19-21 Yokodai, Chuo-ku	042-751-9505
43	Yokoyama Children's Club	Yokoyama Children's Center, 2-35-2 Yokoyamadai, Chuo-ku	042-751-9384
44	Asamizo Children's Club	Asamizo Children's Center, 670-5 Shimomizo, Minami-ku	042-777-0778
45	Araiso Children's Club	Araiso Children's Center, 2268-1 Shindo, Minami-ku	046-251-4747
46	Onuma Children's Club	Onuma Children's Center, 3-20-15 Higashi-Onuma, Minami-ku	042-747-0212
47	Ono Children's Club	Ono Elementary School, 3-21-2 Kobuchi, Minami-ku	042-746-0832
48	Onodai Children's Club	Onodai Children's Center, 8-1-26 Onodai, Minami-ku	042-751-9504
49	Onodai-Chuo Children's Club	Onodai-Chuo Elementary School, 2-26-8 Onodai, Minami-ku	042-755-9933
50	Kashimadai Children's Club	Kashimadai Children's Center, 3-40-1 Unomori, Minami-ku	042-740-0369
51	Kami-Tsuruma Children's Club	Kami-Tsuruma Children's Center, 8-10-12 Kami-Tsuruma, Minami-ku	042-740-5655
52	Kunugidai Children's Club	Kunugidai Elementary School, 5-7-1 Kami-Tsuruma, Minami-ku	042-749-7491
53	Sagamidai Children's Club	Sagamidai Children's Center, 17-1 Sakuradai, Minami-ku	042-765-5758
54	Sakuradai Children's Club	Sakuradai Elementary School, 7-7-1 Sagamidai, Minami-ku	042-747-6141
55	Sobudai Children's Club	Sobudai Elementary School, 2-5-1 Sobudai-Danchi, Minami-ku	046-254-2781
56	Tsuruzono Nakawada Children's Club	Tsuruzono Nakawada Children's Center, 7-8-2 Kami-Tsuruma Honcho, Minami-ku	042-748-4748
57	Tsurunodai Children's Club	Ono-minami Children's Center, 14-21 Asahicho, Minami-ku	042-740-0288
58	Tsurunodai Children's Club (Annex)	Tsurunodai Elementary School, 24-5 Asahicho, Minami-ku	042-745-3788
59	Torin Children's Club	Torin Elementary School, 2-3-1 Sonan, Minami-ku	042-748-7196
60	Futaba Children's Club	Futaba Elementary School, 1-2-15 Futaba, Minami-ku	042-746-8864
61	Midoridai Children's Club	Midoridai Elementary School, 3-10-23 Araisono, Minami-ku	046-255-8584
62	Minami-Ono Children's Club	Minami-Ono Elementary School, 1-5-1 Kami-Tsuruma, Minami-ku	042-746-0378
63	Moegidai Children's Club ★	Sobudai Children's Center, 4-1-2 Araisono, Minami-ku	046-255-5200
64	Yaguchi Children's Club	Yaguchi Elementary School, 5-13-1 Kami-Tsuruma Honcho, Minami-ku	042-747-3606
65	Yaguchidai Children's Club	Yaguchidai Elementary School, 2-12-1 Bunkyo, Minami-ku	042-742-2413
66	Yume-no Oka Children's Club	Yume-no Oka Elementary School, 490-2 Taima, Minami-ku	042-777-5880
67	Wakakusa Children's Club	Wakakusa Elementary School, 2329 Araisono, Minami-ku	042-743-5123
68	Wakamatsu Children's Club	Next to Wakamatsu Elementary School, 2-24-28 Wakamatsu, Minami-ku	042-744-5363

# List of Privately-run Children's Clubs

(Contact clubs directly for application information or details on facilities)

No.	Name	Address	Tel.
1	Shiroyama Wakaba After-school Club	6-5-14 Wakabadaai, Midori-ku (Shiroyama Wakaba Kindergarten)	042-782-8185
2	After-school Childcare Heartful Neo	Rooms 106 and 206, Pastoral Nagata, 1-18-10 Hashimoto, Midori-ku	042-812-3146
3	After-school Childcare Heartful Minami-Hashimoto	454-2 Shimokuzawa, Midori-ku	042-719-6643
4	After-school Club Jumping up	2090-17 Shimokuzawa, Midori-ku	042-703-1860
5	After-school Club Angel Kids	2-24-4 Hashimoto, Midori-ku	042-703-8555
6	for After-school Nursery Room	200 Life Plaza Kanan, 3-16-8 Hashimoto, Midori-ku	080-6744-8085
7	SKY After School	3-22-11-B1 Hashimoto, Midori-ku	042-703-7010
8	After-school [Wise] Hashimoto	Gran Torre Hashimoto 2F, 6-36-1 Hashimoto, Midori-ku	042-703-1495
9	Gakudo Plus	2-14-3 Higashi-Hashimoto, Midori-ku	042-703-4504
10	Yumeria Kids	2F, 3-16-4 Higashi-Hashimoto, Midori-ku	042-714-4150
11	After-school Club Kinder House	2805-1 Nagura, Midori-ku	042-686-6011
12	Fairy KIDS After-school Club	4-38-14 Fuchinobe-Honcho, Chuo-ku	042-753-0602 (Kids Room Fairy)
13	Grandir After-school Club	1F, 2-1-1 Higashi-Fuhinobe, Chuo-ku	042-704-8675
14	Grandir After-school Club II	1F, 5-13-21 Fuchinobe-Honcho, Chuo-ku	042-711-7743
15	Grandir After-school Club III	2-29-7 Fuchinobe, Chuo-ku	042-707-9260
16	After-school Childcare Center Himawari	1-16-5 Fuchinobe, Chuo-ku	080-9360-3110
17	After-school Children's Club Rooms	Sagami Tsubasa Kindergarten, 2-22-7 Fujinobe, Chuo-ku	042-753-2196
18	Hibarikko Club	Fuchinobe Hibari Kindergarten, 4-31-7 Fuchinobe, Chuo-ku	042-755-0394
19	Shirayuri After-school Club	Oyama Shirayuri Kindergarten, 3-4-12 Miyashimo-Honcho, Chuo-ku	042-773-8241
20	Smile Kids	Chuo Kindergarten, 2-24-1 Hikarigaoka, Chuo-ku	042-755-0391
21	After-school Activity Center Mirai	3F, 1-8-16 Namiki, Chuo-ku	042-754-0683 (Reception in Chiyoda Nursery)
22	Epocar After-school Club	Epoch Nursery School, 3-8-8 Sagamihara, Chuo-ku	042-757-6477
23	Mamenoki Children's Club	Rooms 401 and 402, 4-7-10 Sagamihara, Chuo-ku	042-776-0906 (Angel Nursery)
24	After-school Club Gurunpa	3-8-7 Fujimi, Chuo-ku	042-752-7772
25	After-school Club Gurunpa II	3-14-2 Fujimi, Chuo-ku	042-756-2352
26	After-school Club Gurunpa III	2F, 3-8-7 Fujimi, Chuo-ku	042-810-5565
27	Children's Club Ichiban-Boshi	Maple Bldg. 2F, 2-2-15 Chiyoda, Chuo-ku	080-5865-1586
28	Futaba Kids Club	1-19-5 Hoshigaoka, Chuo-ku	042-757-3413 (reception only in Hoshigaoka Futabaen)
29	Hoshino Kids	Hoshigaoka Kindergarten, 3-5-10 Hoshigaoka, Chuo-ku	042-752-4842
30	After-school Club Sukoyaka Lalame	2-3-15 Yokoyama-dai, Chuo-ku	042-704-8166
31	After-school Club Sukoyaka	2-15-13 Yokoyama-dai, Chuo-ku	042-707-0115
32	Daily Kodomo Club	4496-1 Kamimizo, Chuo-ku	042-763-3618
33	OHANA	2-10-25 Kamimizo, Chuo-ku	042-785-2966
34	After-school Himawari Club	7-12-28 Kamimizo, Chuo-ku	042-761-8716

No.	Name	Address	Tel.
35	After-school Club Jumping up Hashimoto	3-9-13-201 Minami-Hashimoto, Chuo-ku	042-703-5685
36	Minami-Ono Kindergarten After-school Club	Minami-Ono Kindergarten, 1-3-1 Kamitsuruma, Minami-ku	042-742-8822
37	Private Children's Club Ukiuki Five	Lobby Five D-203, 4-5-5 Sagami-Ono, Minami-ku	042-701-3220
38	Hiyoko Children's Club	Rooms 102 and 202, Keihin Toshi Bldg., 5-13-4 Sagami-Ono, Minami-ku	042-767-5565 (Hiyoko Dai-san Nursery)
39	Ma'am Junior Sagami-Ono Minami-guchi	7-37-6 Sagami-Ono, Minami-ku	042-705-3366
40	Kidschool Sagami-Ono	Efty Plaza Sagami-Ono 2F, 8-4-7 Sagami-Ono, Minami-ku	042-815-0860
41	After-school Club Wakaba	Tachibana Building 2F, 1-1-29 Bunkyo, Minami-ku	042-711-6663
42	Cosmos Nursery School/ Elementary Kids Club	2-17-15 Futaba, Minami-ku	042-747-1967
43	After-school Childcare Heartful Sagamidai	Riano Scope 102, 3-11-8 Sagamidai, Minami-ku	042-813-3073
44	After-school Nursery Melike	5-12-28 Sagamidai, Minami-ku	042-851-5619
45	After-school Nursery Melike II	1B, Corpo Padparadscha, 5-2-21 Sagamidai, Minami-ku	042-851-5619
46	After-school Nursery Melike III	1A, Corpo Padparadscha, 5-2-21 Sagamidai, Minami-ku	042-851-5619
47	SRC Children's Club Soramame	No. 3 Storefront, 2-3-5 Sobudai-danchi, Minami-ku	046-207-6676
48	After-school Heartful	2-2-43 Sobudai, Minami-ku	046-257-6665
49	Private After-school Club Sugamo Kids	6-18-1 Asamizodai, Minami-ku	042-813-8558
50	After-school Childcare Wanpaku Club	3-27-15 Onodai, Minami-ku	042-776-8583
51	Himawari After-school	Sagami Himawari Kindergarten, 2-7-6 Higashi-Onuma, Minami-ku	042-744-0220
52	Nanaio Kids Room	862-13 Taima, Minami-ku	042-777-0716

# Elementary Schools, Junior High Schools, and Compulsory Education Schools

## Procedures for Admission or Changing Schools

### ● Procedures for Admission

Every year in mid-December, school attendance notices are sent to the parents and guardians of children who are newly entering elementary or junior high school.

Foreign residents with children must complete some procedures at the School Affairs Division. Please contact the School Affairs Division for information on the required documents, etc.

There are no entrance procedures required for the children of foreign residents already attending Sagamiara City elementary school or the like who wish to enter Sagamiara City junior high school or the like.

### ● Procedures for Changing Schools

When submitting notice of a move or change of address, a school attendance notice will be issued if you have an elementary or junior high school student in your household. Please take the certificate of enrollment and certificate of textbook issuance received from their previous school and submit them together with the school attendance notice at the designated schools. Consult the School Affairs Division if you wish to send your child to a school other than the designated public elementary or junior high school, etc.

You will need to apply through the School Affairs Division in the case of foreign children. The School Affairs Division has the necessary documents.

### ● Procedures When Your Child Attends or Is Scheduled to Enter a Private Elementary and Junior High School, Etc.

When you move in Sagamiara City and your child is entering or already attends a private elementary or junior high school, take the written approval (letter of acceptance), etc. received from the principal of the school in question and submit it at one of the following offices.

School Affairs Division, Midori Ward Office Resident Registration Division, Minami Ward Office Resident Registration Division, or your local Community Development Center\*<sup>1</sup> or Branch Office.

**Inquiries:** School Affairs Division Tel: 042-769-8282 (direct line)

## School Expense Assistance

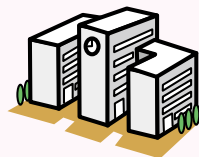
For individuals experiencing economic difficulty sending their children to public (national or municipal) elementary or junior high schools (including junior high school course of compulsory education schools), partial assistance for costs including school supplies and school lunches is available. Note: Income restrictions apply.

To apply for assistance, submit an application to the School Affairs Division by postal mail or directly. Application forms are available at municipal elementary and junior high schools, compulsory education schools, the School Affairs Division, community centers (excluding Sawai), and other locations. They can also be downloaded at the city website. Individuals receiving welfare assistance (education allowances) do not need to apply.

\*<sup>1</sup> Excluding the Hashimoto, 6 districts of Chuo Ward, and Ono-minami Community Development Centers

## ● Details of Assistance

School supplies and school commuting supplies, new student supply costs, school lunch costs, extracurricular activity costs, school trip costs, medical costs, and eyeglasses costs, yearbook costs, etc.



**Inquiries:** Sagamihara City Call Center

Tel: 042-700-7777

## List of Elementary Schools

Note: Fujino-kita Elementary School has moved to a temporary building due to damages from Typhoon no. 19 of 2019. Please call in advance before visiting.

No.	Name	Address	Tel.
1	Aihara Elementary School	4-13-14 Aihara, Midori-ku	042-771-2351
2	Asahi Elementary School	6-15-27 Hashimoto, Midori-ku	042-772-0536
3	Uchigo Elementary School	833 Suwarashi, Midori-ku	042-685-0110
4	Osawa Elementary School	1566 Oshima, Midori-ku	042-761-2611
5	Oshima Elementary School	1121-19 Oshima, Midori-ku	042-762-6121
6	Kawashiri Elementary School	2-22-2 Kubosawa, Midori-ku	042-782-2037
7	Kuzawa Elementary School	1859-3 Oshima, Midori-ku	042-763-1801
8	Kushikawa Elementary School	1424 Nagatake, Midori-ku	042-784-0618
9	Keihoku Elementary School	877 Yose, Midori-ku	042-685-1412
10	Koryo Elementary School	4-3-1 Wakabadai, Midori-ku	042-782-4566
11	Sakunokuchi Elementary School	459-1 Shimokuzawa, Midori-ku	042-761-1271
12	Shonan Elementary School	1573 Ogura, Midori-ku	042-782-2400
13	Taimada Elementary School	1-14-1 Aihara, Midori-ku	042-773-2715
14	Chigira Elementary School	1035 Chigira, Midori-ku	042-685-0112
15	Tsukui-Chuo Elementary School	39-7 Mikage, Midori-ku	042-784-0206
16	Toya Elementary School	1321-3 Toya, Midori-ku	042-785-0234
17	Nakano Elementary School	600 Nakano, Midori-ku	042-784-1309
18	Nihonmatsu Elementary School	2-9-1 Nihonmatsu, Midori-ku	042-773-5131
19	Negoya Elementary School	1580 Negoya, Midori-ku	042-784-1460
20	Hashimoto Elementary School	1-12-20 Hashimoto, Midori-ku	042-773-1671
21	Hirota Elementary School	9-5 Hirota, Midori-ku	042-782-8383
22	Fujino Elementary School	549 Hizure, Midori-ku	042-687-2719
23	Fujino-kita Elementary School ※	1901 Sanogawa, Midori-ku	042-687-3008
24	Fujino-minami Elementary School	4327 Magino, Midori-ku	042-689-2046
25	Miyakami Elementary School	4-11-1 Hashimoto, Midori-ku	042-773-8700
26	Aoba Elementary School	4-8-4 Namiki, Chuo-ku	042-754-6310
27	Ono-kita Elementary School	2-34-1 Fuchinobe, Chuo-ku	042-755-4841
28	Oyama Elementary School	4-3-2 Oyama, Chuo-ku	042-775-1700
29	Kamimizo Elementary School	7-6-1 Kamimizo, Chuo-ku	042-762-0024
30	Kamimizo-minami Elementary School	782-1 Kamimizo, Chuo-ku	042-778-3326
31	Kyowa Elementary School	1-16-13 Takane, Chuo-ku	042-753-2286
32	Koyo Elementary School	8-33 Koyocho, Chuo-ku	042-752-1309
33	Shinjuku Elementary School	7019 Tana, Chuo-ku	042-761-0811
34	Seishin Elementary School	3-16-6 Seishin, Chuo-ku	042-753-0600
35	Tana Elementary School	5091-1 Tana, Chuo-ku	042-762-0170

No.	Name	Address	Tel.
36	Tana-kita Elementary School	1932-1 Tana, Chuo-ku	042-761-2627
37	Chuo Elementary School	1-3-22 Fujimi, Chuo-ku	042-753-0727
38	Namiki Elementary School	2-16-1 Namiki, Chuo-ku	042-756-3010
39	Hikarigaoka Elementary School	2-19-1 Hikarigaoka, Chuo-ku	042-753-2285
40	Fujimi Elementary School	2-4-1 Fujimi, Chuo-ku	042-750-8500
41	Fuchinobe Elementary School	4-6-22 Fuchinobe, Chuo-ku	042-752-2044
42	Fuchinobe-higashi Elementary School	3-17-1 Higashi-Fuchinobe, Chuo-ku	042-759-0377
43	Hoshigaoka Elementary School	3-1-6 Hoshigaoka, Chuo-ku	042-754-6000
44	Yaei Elementary School	3-1-10 Yaei, Chuo-ku	042-755-3119
45	Yokodai Elementary School	1-15-1 Yokodai, Chuo-ku	042-755-7011
46	Yokoyama Elementary School	2-35-1 Yokoyamadai, Chuo-ku	042-754-8712
47	Asamizo Elementary School	713 Shimomizo, Minami-ku	042-778-0259
48	Araiso Elementary School	1028-5 Isobe, Minami-ku	046-251-0214
49	Onuma Elementary School	3-20-1 Higashi-Onuma, Minami-ku	042-743-5250
50	Ono Elementary School	3-21-2 Kobuchi, Minami-ku	042-742-3226
51	Onodai Elementary School	8-1-15 Onodai, Minami-ku	042-756-1210
52	Onodai-Chuo Elementary School	2-26-8 Onodai, Minami-ku	042-755-0022
53	Kashimadai Elementary School	1-9-1 Kami-Tsuruma Honcho, Minami-ku	042-745-7193
54	Kami-Tsuruma Elementary School	4-7-1 Kami-Tsuruma, Minami-ku	042-743-9870
55	Kunugidai Elementary School	5-7-1 Kami-Tsuruma, Minami-ku	042-746-0811
56	Sagamidai Elementary School	6-5-1 Minamidai, Minami-ku	042-744-1439
57	Sakuradai Elementary School	7-7-1 Sagamidai, Minami-ku	042-742-3674
58	Sobudai Elementary School	2-5-1 Sobudai-Danchi, Minami-ku	046-251-2329
59	Tsuruzono Elementary School	7-8-1 Kami-Tsuruma Honcho, Minami-ku	042-746-6681
60	Tsurunodai Elementary School	24-5 Asahicho, Minami-ku	042-745-5611
61	Torin Elementary School	2-3-1 Sonan, Minami-ku	042-742-9579
62	Futaba Elementary School	1-2-15 Futaba, Minami-ku	042-746-0621
63	Midoridai Elementary School	3-10-23 Araisono, Minami-ku	046-253-2004
64	Minami-Ono Elementary School	1-5-1 Kami-Tsuruma, Minami-ku	042-742-2674
65	Moegidai Elementary School	2-41-16 Araisono, Minami-ku	042-746-8877
66	Yaguchi Elementary School	5-13-1 Kami-Tsuruma Honcho, Minami-ku	042-748-9151
67	Yaguchidai Elementary School	2-12-1 Bunkyo, Minami-ku	042-742-2418
68	Yume-no Oka Elementary School	490-2 Taima, Minami-ku	042-777-5800
69	Wakakusa Elementary School	2329 Araisono, Minami-ku	042-746-4644
70	Wakamatsu Elementary School	2-22-1 Wakamatsu, Minami-ku	042-748-5813
71	Steiner School Elementary School Dept. (private)	2805-1 Nagura, Midori-ku	042-686-6011
72	LCA International Elementary School (business company-run)	3-7-1 Hashimotodai, Midori-ku	042-771-6131
73	Sagami Women's University Elementary School (private)	2-1-1 Bunkyo, Minami-ku	042-742-1444

## List of Junior High Schools

No.	Name	Address	Tel.
1	Aihara Junior High School	8-12-1 Hashimoto, Midori-ku	042-773-1451
2	Asahi Junior High School	1-12-15 Hashimoto, Midori-ku	042-772-0235
3	Uchigo Junior High School	2742-4 Suwarashi, Midori-ku	042-685-0013
4	Uchide Junior High School	2845 Shimokuzawa, Midori-ku	042-761-0818
5	Osawa Junior High School	1800 Oshima, Midori-ku	042-761-2612
6	Kushikawa Junior High School	1469 Nagatake, Midori-ku	042-784-0639
7	Sagamigaoka Junior High School	2-22-4 Kubosawa, Midori-ku	042-782-2310
8	Toya Junior High School	1339 Toya, Midori-ku	042-785-0239
9	Nakazawa Junior High School	2-7-1 Shiroyama, Midori-ku	042-782-8877
10	Nakano Junior High School	960 Nakano, Midori-ku	042-784-1240
11	Fujino Junior High School	2082 Obuchi, Midori-ku	042-687-3019
12	Hokuso Junior High School	1019-5 Yose, Midori-ku	042-685-1413
13	Ono-kita Junior High School	2-8-40 Fuchinobe, Chuo-ku	042-752-2022
14	Oyama Junior High School	4-3-1 Oyama, Chuo-ku	042-773-3180
15	Kamimizo Junior High School	5-19-54 Yokoyama, Chuo-ku	042-755-3711
16	Kamimizo-minami Junior High School	2322-2 Kamimizo, Chuo-ku	042-763-0155
17	Kyowa Junior High School	1-3-10 Kyowa, Chuo-ku	042-756-3012
18	Seishin Junior High School	8-5-1 Seishin, Chuo-ku	042-754-9443
19	Tana Junior High School	5250-1 Tana, Chuo-ku	042-762-0169
20	Chuo Junior High School	1-3-17 Fujimi, Chuo-ku	042-755-0071
21	Midorigaoka Junior High School	1-28-1 Midorigaoka, Chuo-ku	042-755-4842
22	Yaei Junior High School	3-1-7 Yaei, Chuo-ku	042-758-0252
23	Yoshinodai Junior High School	3-1-3 Yoshinodai, Chuo-ku	042-758-3383
24	Asamizodai Junior High School	4-12-1 Asamizodai, Minami-ku	042-745-7197
25	Unomori Junior High School	1-11-1 Unomori, Minami-ku	042-743-2292
26	Onodai Junior High School	8-2-1 Onodai, Minami-ku	042-755-4843
27	Ono-minami Junior High School	1-10-1 Bunkyo, Minami-ku	042-742-3704
28	Kami-Tsuruma Junior High School	4-14-1 Kami-Tsuruma, Minami-ku	042-743-9881
29	Sagamidai Junior High School	20-1 Sakuradaai, Minami-ku	042-742-6411
30	Shincho Junior High School	9-14-1 Sagami-Ono, Minami-ku	042-742-0036
31	Sobudai Junior High School	5-1-10 Araisono, Minami-ku	042-746-6201
32	Soyo Junior High School	1540 Isobe, Minami-ku	042-778-0330
33	Torin Junior High School	8-21-1 Kami-Tsuruma, Minami-ku	042-749-1175
34	Yaguchi Junior High School	4-13-43 Kami-Tsuruma Honcho, Minami-ku	042-743-2234
35	Wakakusa Junior High School	2046 Araisono, Minami-ku	042-748-5788
36	Steiner School Junior High School Dept. (private)	2805-1 Nagura, Midori-ku	042-686-6011
37	Sagami Women's University Junior High School (private)	2-1-1 Bunkyo, Minami-ku	042-742-1442
38	Tokai University Sagami Junior High School (private)	3-33-1 Sonan, Minami-ku	042-742-1251
39	Sagamihara Secondary School (Junior High School Course) (prefectural)	4-1-1 Sagami-Ono, Minami-ku	042-749-1279

# List of Compulsory Education Schools

No.	Name	Address	Tel.
1	Seiwa Gakuen	1250-1 Aonohara, Midori-ku	042-787-0014

Note: What are compulsory education schools?

These are new types of schools that offer first through ninth grade (equivalent to third year of junior high school) education in one school.

# 3

# Allowances and Subsidies

## Lump-sum Birth Allowance

A lump-sum birth allowance of ¥420,000 is paid to individuals enrolled in the National Health Insurance program who give birth. When using the direct payment system, the ¥420,000 is paid directly to the medical institution from the National Health Insurance program. As such, the delivery cost you need to pay at the medical institution will be the amount after subtracting ¥420,000 from the actual cost.

**Inquiries:** Sagami-hara City NHI Call Center      Tel: 042-707-8111

Note: Similar programs are available for individuals enrolled in medical insurance programs other than the National Health Insurance program. Contact your medical insurance provider for information.

## Child Allowance

Allowances are provided to individuals raising children who have not yet completed junior high school. You can apply at your local Childcare Support Center, Community Development Center\*<sup>1</sup> or Branch Office. Your local ward office's Resident Registration Division also accepts application only when your application is filed together with notification of a birth, move, change of address, etc.

**Inquiries:** Childcare Subsidy Division      Tel: 042-769-8232 (direct line)

## Medical Subsidy for Infants and Children

### ● Children aged 0 to third year of junior high school

Personal-borne medical costs for medical treatment covered by health insurance are subsidized (this does not include high-cost medical expenses or fringe benefit subsidies from medical fees and health insurance of other publicly-funded healthcare systems). However, income limits apply to children 1 year old and above. Apply at your local Childcare Support Center, Resident Registration Division (the Chuo Resident Registration Division only accepts applications when moving into the city), Community Development Center\*<sup>1</sup>, or Branch Office.

Subsidy content	Eligible Ages	Hospital visits (medical treatment, etc.)	Hospital visits (medicine prescription)	Hospitalization
	0 to sixth grade age	Full subsidy	Full subsidy	Full subsidy
	1st to 3rd year JHS	All amounts above 500 yen* are subsidized	Full subsidy	Full subsidy
	Exempt from resident's tax	Full subsidy		

\*Pay 500 yen at the service window of the medical institute or the like.

If the amount is less than 500 yen, pay that amount. (There are no subsidies.)

**Inquiries:** Childcare Subsidy Division      Tel: 042-704-8908 (direct line)

\*<sup>1</sup> Excludes Hashimoto, 6 districts of Chuo Ward, and Ono-minami Community Development Centers

## Medical Aid for Premature Infants

For infants born weighing 2,000 g or less, or at a gestational age of less than 37 weeks, who have been recognized by a doctor as needing in-patient care, out-of-pocket costs for in-patient treatment that is covered by health insurance and received at designated medical institutions specializing in caring for premature infants are subsidized.

You can apply at your local Childcare Support Center.

**Inquiries:** Children and Family Division

Tel: 042-769-8345 (direct line)

## Financial Aid for Medical Treatment Aimed at Improving Independence

For children under 18 years old with a physical handicap due to a congenital conditions or illness, etc., the out-of-pocket medical costs incurred due to the necessary medical treatment at designated medical institutions are subsidized (limited to treatment covered by health insurance). However, income restrictions apply, and you will be responsible for some out-of-pocket costs depending on your income.

You can apply at your local Childcare Support Center.

**Inquiries:** Children and Family Division

Tel: 042-769-8345 (direct line)

## Subsidy of Medical Expenses for Specific Pediatric Chronic Diseases

The out-of-pocket expenses for treatment received at designated medical institutions that specialize in treating specific pediatric chronic conditions is subsidized for children under 18 years old (until the day before the 20th birthday when the condition continues) who meet the certification criteria for an eligible chronic disease. However, you will be responsible for some out-of-pocket costs depending on your income.

You can apply at your local Childcare Support Center.

**Inquiries:** Children and Family Division

Tel: 042-769-8345 (direct line)

## Exemption of National Pension Premiums for the Prenatal and Postnatal Period

If a person enrolled in National Pension (Category 1 member) gives birth (or is expected to give birth), the National Pension premiums will be exempt for the four months from the month prior to the month of birth or expected date (or the six months from three months prior to the month of birth for multiple births). The premiums will be calculated as paid during the exemption period.

Notification can be filed from six months prior to the expected date of delivery at the National Health Insurance and Pension Division, Resident Registration Division of the Midori and Minami Ward Offices, your local Community Development Center<sup>\*1</sup>, and local Branch Office.

**Inquiries:** National Health Insurance and Pension Division

Tel: 042-769-8228 (direct line)

<sup>\*1</sup> Excludes Hashimoto, 6 districts of Chuo Ward, and Ono-minami Community Development Centers

## Disabled Child Welfare Allowance

Individuals living at home under the age of 20 years old with a mental, intellectual, or physical (including internal) disability, etc. who require full-time care in their daily life may be eligible to receive a Disabled Child Welfare Allowance. Eligibility for the allowance is subject to meeting the government's standards for the severity of the disability, and a decision based on the prescribed diagnosis, etc.

You can apply at one of the following offices. Note: Income restrictions apply.

### Information and Inquiries:

Midori Elderly and Disabled People's Welfare Counseling Division  
Chuo Elderly and Disabled People's Welfare Counseling Division  
Minami Elderly and Disabled People's Welfare Counseling Division  
Shiroyama Welfare Consultation Center  
Tsukui Elderly and Disabled People's Welfare Counseling Division  
Sagamiko Welfare Consultation Center  
Fujino Welfare Consultation Center

Tel: 042-775-8810 (direct line)  
Tel: 042-769-9266 (direct line)  
Tel: 042-701-7722 (direct line)  
Tel: 042-783-8136 (direct line)  
Tel: 042-780-1412 (direct line)  
Tel: 042-684-3215 (direct line)  
Tel: 042-687-5511 (direct line)



## Special Child Support Allowance

Individuals caring for children under the age of 20 years old with a mental, intellectual, or physical (including internal) disability, etc. may be eligible to receive a Special Child Dependent's Allowance. Eligibility for the allowance is subject to meeting the government's standards for severity of the disability, and decision based on the prescribed diagnosis, etc. You can apply at one of the following offices. Note: Income restrictions apply.

### Information and Inquiries:

Midori Elderly and Disabled People's Welfare Counseling Division  
Chuo Elderly and Disabled People's Welfare Counseling Division  
Minami Elderly and Disabled People's Welfare Counseling Division  
Shiroyama Welfare Consultation Center  
Tsukui Elderly and Disabled People's Welfare Counseling Division  
Sagamiko Welfare Consultation Center  
Fujino Welfare Consultation Center

Tel: 042-775-8810 (direct line)  
Tel: 042-769-9266 (direct line)  
Tel: 042-701-7722 (direct line)  
Tel: 042-783-8136 (direct line)  
Tel: 042-780-1412 (direct line)  
Tel: 042-684-3215 (direct line)  
Tel: 042-687-5511 (direct line)



# 4

# Playgrounds and Facilities for Children

## Child Welfare Facilities

Child welfare facilities are facilities that any child can play at. These facilities are established to improve children's health and promote the development of rich emotions through play.

**Inquiries:** Child and Young People Support Division      Tel: 042-769-9227 (direct line)

### ● Children's Centers

Children's Centers feature play rooms, infant rooms, library rooms, children's club rooms, meeting rooms, etc.

Notes: 1. Breastfeeding rooms or areas are available.

2. Infants and toddlers must always be accompanied by parents/guardians.

★ Open hours: 9 a.m. to 5 p.m.

★ Closed: During the year-end/New Year's holidays (December 29 to January 3), the third Sunday of the month, etc.



## List of Children's Centers

No.	Name	Address	Tel.
1	Oshima Children's Center	1121-14 Oshima, Midori-ku	042-762-9891
2	Shiroyama Children's Center	2-22-1 Kubosawa, Midori-ku	042-783-7145
3	Nihonmatsu Children's Center	2-1-1 Nihonmatsu, Midori-ku	042-771-2266
4	Hashimoto Children's Center	1-12-26 Hashimoto, Midori-ku	042-779-7901
5	Ono-kita Children's Center	2-34-2 Fuchinobe, Chuo-ku	042-752-6339
6	Kamimizo-minami Children's Center	742-2 Kamimizo, Chuo-ku	042-777-0930
7	Koyo Children's Center	8-23 Koyocho, Chuo-ku	042-751-9695
8	Seishin Children's Center	3-16-7 Seishin, Chuo-ku	042-752-8852
9	Tana Children's Center	4987-6 Tana, Chuo-ku	042-763-0770
10	Namiki Children's Center	2-16-16 Namiki, Chuo-ku	042-756-0243
11	Fujimi Children's Center	2-4-2 Fujimi, Chuo-ku	042-750-7544
12	Hoshigaoka Children's Center	3-1-2 Hoshigaoka, Chuo-ku	042-750-3729
13	Yokodai Children's Center	2-19-21 Yokodai, Chuo-ku	042-751-9505
14	Yokoyama Children's Center	2-35-2 Yokoyamadai, Chuo-ku	042-751-9384
15	Asamizo Children's Center	670-5 Shimomizo, Minami-ku	042-777-0778
16	Araiso Children's Center	2268-1 Shindo, Minami-ku	046-251-4747
17	Onuma Children's Center	3-20-15 Higashi-Onuma, Minami-ku	042-747-0212
18	Onodai Children's Center	8-1-26 Onodai, Minami-ku	042-751-9504
19	Ono-minami Children's Center	14-21 Asahicho, Minami-ku	042-740-0288
20	Kashimadai Children's Center	3-40-1 Unomori, Minami-ku	042-740-0369
21	Kami-Tsuruma Children's Center	8-10-12 Kami-Tsuruma, Minami-ku	042-740-5655
22	Sagamidai Children's Center	17-1 Sakuradai, Minami-ku	042-765-5758
23	Sobudai Children's Center	4-1-2 Araisono, Minami-ku	046-255-5200
24	Tsuruzono Nakawada Children's Center	7-8-2 Kami-Tsuruma Honcho, Minami-ku	042-748-4748

## ● Children's Halls

Children's halls feature play rooms, library rooms, meeting rooms, etc.

Note: Infants and toddlers must always be accompanied by parents/guardians.

★ Open hours: Weekdays, 1 to 5 p.m.

Saturdays, Sundays, national holidays, summer vacation, etc., 9 a.m. to 5 p.m.

★ Closed: During the year-end/New Year's holidays (December 29 to January 3), etc.

## ● Children's Rooms

These are playgrounds that use already existing facilities.

Note: Infants and toddlers must always be accompanied by parents/guardians.

★ Open Hours: 1 to 5 p.m.

★ Closed: Mondays, national holidays, during the year-end/New Year's holidays (December 29 to January 3), etc.

## List of Children's Halls and Rooms

No.	Name	Address	Tel.
1	Aihara Children's Hall	4-23-11 Aihara, Midori-ku	042-772-4974
2	Sakunokuchi Children's Hall	498-1 Shimokuzawa, Midori-ku	042-761-4348
3	Miyakami Children's Hall	3-15-9 Higashi-Hashimoto, Midori-ku	042-772-6747
4	Aoba Children's Hall	3-18-16 Namiki, Chuo-ku	042-758-4850
5	Asahi Children's Hall	1-10-4 Kanumadai, Chuo-ku	042-752-9375
6	Kobato Children's Hall	41-10 Susukino-cho, Chuo-ku	042-755-2154
7	Saiwai-cho Children's Hall	4-3-10 Fuchinobe, Chuo-ku	042-754-9628
8	Shimokuzawa Children's Hall	964-3 Shimokuzawa, Chuo-ku	042-774-2416
9	Takenouchi Children's Hall	4-26-13 Higashi-Fuchinobe, Chuo-ku	042-755-0323
10	Hikarigaoka Children's Hall	3-7-2 Hikarigaoka, Chuo-ku	042-753-9851
11	Yaei Children's Hall	1-7-18 Yaei, Chuo-ku	042-755-8691
12	Yotsuya Children's Hall	2-1-9 Kamimizo, Chuo-ku	042-761-4362
13	Onodai Daiichi Children's Hall	4-1-2 Onodai, Minami-ku	042-758-8953
14	Onodai Daini Children's Hall	4-14-13 Onodai, Minami-ku	042-758-4932
15	Kobuchi Children's Hall	1-34-26 Kobuchi, Minami-ku	042-755-9153
16	Shinfuchi Children's Hall	5-28-1 Kobuchi, Minami-ku	042-748-6098
17	Sonan Children's Hall	1-15-28 Sonan, Minami-ku	042-742-3680
18	Sobudai Daini Children's Hall	2-3-7 Sobudai-Danchi, Minami-ku	046-251-4962
19	Sobudai Daisan Children's Hall	3-23-6 Sobudai, Minami-ku	046-254-2713
20	Higashi-Rinkan Children's Hall ★	4-32-1 Higashi-Rinkan, Minami-ku	042-748-7562
21	Misono Children's Hall	5-10-8 Misono, Minami-ku	042-746-0169
22	Minami-Shincho Children's Hall	9-1-4 Sagami-Ono, Minami-ku	042-748-8750
23	Yaguchi Children's Hall	4-46-17 Kami-Tsuruma Honcho, Minami-ku	042-745-8479
24	Tsukui Chuo Children's Room	Within Tsukui Lifelong Learning Center, 414 Mikage, Midori-ku	070-6561-8469

★ Closed during FY2022 for renovation work.

## Children's Playgrounds

Playgrounds feature playground equipment (swings, slides, horizontal bars, etc.), sandboxes, etc.

**Inquiries:** Child and Young People Support Division

Tel: 042-769-8370 (direct line)

## Children's Squares




Children's Squares are squares established and managed by neighborhood councils and other groups as familiar play spaces for children.

**Inquiries:** Child and Young People Support Division

Tel: 042-769-8370 (direct line)

## Adventure Play Parks

Adventure play parks are places in nature that give children the freedom to create their own "play" rather than providing a pre-designed playground. Adventure parks have a motto of "be responsible, but play free" and have as few restrictions on what children are allowed to do as possible. Please check the website to confirm available dates and contact the management organization.

Name	Operator	Main Location	Website
Ginga-no Mori Play Park (City-commissioned business)	Specified nonprofit corporation KIDS Sagamihara	Camp Fuchinobe reserve area (next to Fuchinobe Park)	
Mori de Asobou (Let's Play in the Forest)	Tsuchizawa Moriasobi-no Kai	2142 Negoya, Midori-ku	
Mori Park Jiyu Asobi-no Kai	Mori Park Jiyu Asobi-no Kai	Asahi-no Mori Park (next to Ono-minami Children's Center)	

**Inquiries:** Child and Young People Support Division

Tel: 042-769-8289 (direct line)

## Introduction of Local Initiatives to Create a Place for Children (children's cafeterias, free learning support, etc.)

There are many community-led initiatives in the city to create places for children, such as children's cafeterias and free learning support. The city is cooperating with the organizations that implement these initiatives to create an environment that makes it easier for these organizations to operate.

Information such as locations are available on the city website.

**URL:** <http://www.city.sagamihara.kanagawa.jp/kurashi/seisyonen/1014043.html>



Website

	Children's Cafeterias	Free Learning Support
Objective	Initiative to provide free or inexpensive meals. Children can come to the venues alone.	Initiative to help children with their homework and studies for school advancement for free
Implementing Organizations	Community-based volunteer organizations, NPOs, etc.	Community-based volunteer organizations, NPOs, etc.
Venues	Some community centers, restaurants, etc.	Some community centers, meeting rooms, etc.
Eligibility	Children up to around high school age	Children up to around elementary school or junior high school age
Time	Around once or twice a month, from evening to night	Around once per week
Number of locations	42 locations (as of January 2022)	34 locations (as of January 2022)
Menu, available support	The menu is set and everyone is served the same meal just like school lunches.	Homework support, additional studies, admission exam support, etc.
Capacity	Around 5 to 20 (differs by size of venue)	Around 5 to 20 (differs by size of venue)
Fees	Free or actual costs of ingredients (around 100 to 300 yen)	Free

**Inquiries:** Child and Young People Support Division Tel: 042-769-8289  
 For inquiries regarding start-up, staff recruitment, application for support, etc.  
 General Place for Children Consultation Service, Tel: 042-786-6181  
 (Within the Chuo Volunteer Center, Sagamihara City Social Welfare Council)

## Ecopark Sagamihara

1. Facility overview: Offers courses for children and parents to learn about environmental conservation and to promote activities.

Name	Address	Telephone
Ecopark Sagamihara (Sagamihara City Environmental Information Center)	1-3-41 Fujimi, Chuo-ku, Sagamihara City	042-769-9248

2. Facility Contents

- Eco Gallery: A variety of information about the environment is displayed and exhibited. The exhibits are changed periodically.
- Environmental Information Corner: Books and materials for learning about the environment are available. There are also many books for children.
- Kid's Corner: Children can take off their shoes and read books or play with toys on the mats. Building blocks made of wood from Tsukui and puzzles are also available.

**Inquiries:** Zero Carbon Promotion Division Tel: 042-769-8240 (direct line)

# 5 Child-Raising Support

## Family Support Center

The Family Support Center is an organization that brings supported members who want help with supporting members who want to help others with parenting together so that residents can help each other take care of children and parents can raise children comfortably and with peace of mind. The services of the center, which include watching children, picking them up, and dropping them off, are available to paying members.

### Examples of Support

- Picking up and dropping off children before and after daycare centers or similar facilities, certified kodomoen, kindergartens, children's clubs, and studies.
- Temporary childcare as a result of parents/guardians illness, nursing care, or need for personal time.

### Remuneration for Supporting Members

Time of Service	Amount	
	One child	Second child (sibling) or more
Monday to Friday, 7 a.m. to 7 p.m.	One hour: ¥700	One hour: plus ¥400
Monday to Friday, Times outside of the abovementioned hours	One hour: ¥900	One hour: plus ¥500
Saturdays, Sundays, national holidays, last day of the year-end/New Year's holiday		

### Inquiries: Family Support Center Office

Ajisai Hall 2F, 6-1-20 Fujimi, Chuo-ku (inside Sagamihara City Social Welfare Council)

Tel: 042-730-3885 (direct line)

## Prenatal and Postnatal Support Organizations

The following are social welfare corporations and city NPOs that provide help with chores and other support for families who are expecting or have just had a child.

### Inquiries:

- Sagamihara City Social Welfare Council Fureai Service Center
  - Welfare Promotion Division Tel: 042-756-5098
  - Tsukui Regional Office Tel: 042-784-3393
  - Minami Office Tel: 042-765-7065
- NPO Workers' Collective Happy
  - 1-10-22 Nihonmatsu, Midori-ku Tel: 042-771-8061
- Workers' Collective Aiwa
  - 6-18-11 Sagami-Ono, Minami-ku Tel: 042-705-4485



## Short-term Childcare Support Programs (short-stay programs)

These programs provide care and accommodations at infant homes, orphanages, and other locations in cases where a household faces temporary difficulty caring for a child because of, for example, the sickness or childbirth of his or her guardian. There are fees corresponding to income and fees for the actual costs of meals and other items.

To apply, contact the Childcare Support Center of your ward.

**Inquiries:** Midori Childcare Support Center    Tel: 042-775-8815  
Chuo Childcare Support Center    Tel: 042-769-9221  
Minami Childcare Support Center    Tel: 042-701-7700



## Community Childcare

In the Community Childcare program, guardians raising children within their household create parent and child groups within their communities and engage in activities that enhance their parenting knowledge and skills while deepening ties among parents and children. This program is intended for children from 0 to before enrollment in elementary school who are not enrolled in a kindergarten, certified *kodomoen*, nursery school, or similar facility. Please contact us for information about currently active groups.

**Inquiries:** Day Nursery Division    Tel: 042-769-8340 (direct line)

## Soleil Sagami Project—Child-Raising Oshaberi (Chatting) Salon

The Oshaberi Salon, which is held once every month, serves as a place where parents taking care of children for the first time can actively discuss issues and concerns relating to parenting and household and community relationships.

The salon provides a place where parents can share in the difficulties and joys of child-raising and exchange information. The salon is held every third Monday at Soleil Sagami Playland.

Eligibility: Children under one year of age and their parents.

Address: Inside City Plaza Hashimoto (Aeon Hashimoto 6F), 6-2-1 Hashimoto, Midori-ku  
Tel: 042-775-1775    Fax: 042-775-1776



Website

## Fureai Parent and Child Salons

These salons are held for infants and toddlers and their guardians once a month (except for August) at Children's Centers and other facilities. Local staff, including public health nurses, daycare providers, local commissioners for welfare, local commissioners for children, chief local commissioners for children, and child-raising supporters, will offer parenting tips, teach games that parents and children can play together, and measure and weigh children. You are encouraged to come and participate at your convenience. Details are provided in *Koho Sagamihara* and on the city website.

**Division in charge:** Child and Family Division    Tel: 042-769-9811 (direct line)



Website

## What are local commissioners for welfare, local commissioners for children, and chief local commissioners for children?

Local commissioners for welfare and local commissioners for children are accessible advisers who provide consultation on various welfare issues in the community.

They provide advice about parenting issues from the standpoint of a resident of the same area, and they introduce people to specialized welfare and healthcare institutions and to child-raising salons and other community activities. Chief local commissioners for children are chosen from among local commissioners for welfare and local commissioners for children to specialize in problems relating to children.

**Inquiries:** Lifestyle Welfare Division    Tel: 042-851-3170



## Child-Raising Plazas

There are provided places (known as child-raising plazas) where people such as infants and toddlers and their guardians and pregnant mothers and their families can come freely to play, exchange parenting information, and engage in other activities. The plazas are also places where people can get advice concerning child-raising anxieties and concerns.



Website

### Community Child-Raising Plazas

Location	Hours	Days
<b>Child-Raising Plaza Midori-no Ouchi</b> 1-22-18 Hashimotodai, Midori-ku Tel: 042-703-5136	10 a.m. to 3 p.m.	Every Mon. to Fri. Note: Closed on national holidays
<b>Kamimizo Hidamari Child-Raising Salon and Exchange Plaza</b> Kamimizo Shopping District, 5-1-11 Kamimizo, Chuo-ku Tel: 080-5935-8040	10 a.m. to 4 p.m.	Every Mon. to Fri. Note: Closed on national holidays
<b>Child-Raising Plaza Tanto</b> Sagami-Ono Chuo Park Parkhouse, 4-2-2 Sagami-Ono, Minami-ku Tel: 070-4372-1056	10 a.m. to 3 p.m.	Every Mon. to Fri. Note: Closed on national holidays

Note: In addition to the days listed above, plazas may also be closed in bad weather, the year-end/New Year holidays, and the summer.

**Inquiries:** Child and Family Division Tel: 042-769-9811 (direct line)

### Children's Centers

No.	Location	Hours	Days
1	Oshima Children's Center	10 a.m. to 1 p.m.	Every Mon., Wed. and Thu.
2	Hashimoto Children's Center		Every Tue., Thu. and Fri.
3	Ono-kita Children's Center		Every Mon., Wed. and Fri.
4	Namiki Children's Center		Every Wed., Thu. and Fri.
5	Fujimi Children's Center		Every Mon., Tue., Wed. and Thu.
6	Yokodai Children's Center		Every Mon., Wed. and Thu.
7	Yokoyama Children's Center		Every Tue., Wed. and Thu.
8	Onuma Children's Center		Every Mon., Wed. and Fri.
9	Onodai Children's Center		Every Tue., Thu. and Fri.
10	Ono-minami Children's Center		Every Mon., Wed. and Thu.
11	Sobudai Children's Center		Every Tue., Wed. and Thu.
12	Tsuruzono Nakawada Children's Center		Every Mon., Wed. and Fri.
13	Koyo Children's Center	10 a.m. to noon	Every Mon., Wed. and Fri.
14	Seishin Children's Center		Every Mon., Wed., Thu. and Fri.
15	Tana Children's Center		Every Mon., Tue. and Fri.
16	Hoshigaoka Children's Center		Every Tue., Thu. and Fri.

No.	Location	Hours	Days
17	Kashimadai Children's Center	10 a.m. to noon	Every Mon., Wed. and Fri.
18	Kami-Tsuruma Children's Center		Every Tue., Wed. and Fri.
19	Sagamidai Children's Center		Every Thu.

Notes: 1. Changes may be made for national holidays and during long-term elementary school holiday periods (summer break, etc.).

2. Days and other conditions are subject to change.

3. See page 62 for locations and telephone numbers.

Inquiries: Child and Young People Support Division Tel: 042-769-9227 (direct line)

## Nursery Schools etc. and other Child-raising Plazas

Nursery schools provide services such as parenting consultation and information and open up their playgrounds for public use. See the list of facilities and contact each facility for information about participating nurseries and their services.

**Inquiries:** Day Nursery Division Tel: 042-769-8340 (direct line)

## Fureai Child-Raising Salons

Parents and children can freely participate in fureai child-raising salons, which are places to enjoy interacting through play and conversation. Through the support of volunteers, local commissioners for welfare, local commissioners for children, chief local commissioners for children, local social welfare councils, and others, each community is engaged in vibrant programs to help parents build supportive friendships while enjoying parenting.

**Inquiries:** Sagamiara City Social Welfare Council Tel: 042-704-6275

No.	Name	Location	Hours	Days
1	Wanpaku Hiroba	Hashimoto Community Center	10 a.m. to 11:45 a.m.	Once per month (Every 4th Fri.)
2	Nukumori Child-Raising Salon	Fureai-no Ie "Nukumori"	10 a.m. to 11:45 a.m.	Once per month (Every 4th Tue.)
3	Tanpopo	Panasonic Agefree House Sagamiara Hashimoto	10 a.m. to 11:20 a.m.	Once per month (Every 2nd Wed.)
4	Kosodate Hiroba "Kokoniko"	Livelihood Rehabilitation Club Hashimoto 2F	10:30 a.m. to 1 p.m.	Once per month (except Aug.) (Every 15th of the month; when it falls on Sat., Sun. or a national holiday, the days will change.)
5	Tulip	Oshima Children's Center	10 a.m. to 11:30 a.m.	Eight times per year (Every 3rd Fri.)
6	Marshmallow Club	Shiroyama General Office	10 a.m. to noon	Once per month (Every 1st Mon.)
7	Musubi Salon	Shiroyama Community Center	11 a.m. to 2 p.m.	Once per month (date not fixed)
8	Miikko Club	Mii Town Council Hall	10 a.m. to noon	Every Fri.
9	Genkikko Hiroba	Tsukui Senior Welfare Center	10 a.m. to 11:45 a.m.	Once per month (Every 1st Fri., as a general rule)
10	Terakoya Mii	Mii Town Council Hall	2:30 p.m. to 4:30 p.m.	Twice per month (Every 1st and 3rd Wed.)
11	Kosodate Salon Mu ♥ min	Chigira Community Center	9:30 a.m. to 11:30 a.m.	Twice per month (Every 2nd and 3rd Thu.)
12	Kid's Class Tulip	Sanogawa Liaison Office	10 a.m. to noon	Twice per month (Every 1st and 3rd Tue.)
13	Fujino Milk Club	Fujino General Office	10 a.m. to noon	Every Wed. and Fri.

No.	Name	Location	Hours	Days
14	Atsumare! Oyako	Oyama Community Center	10:30 a.m. to 3 p.m.	Once per month (Every 4th Thu.) (3rd Thu. in Feb.)
15	Child-Raising Salon Ohisama Land	Seishin Children's Center	10 a.m. to noon	Twice per month (Every 2nd and 4th Tue.)
16	Chokotto Omoshiro Family Salon	Yokoyama Community Center and Shimokuzawa Children's Hall	10 a.m. to 11:30 a.m.	About 8 times per year (Every 1st Thu.)
17	Niko Niko Hiroba	Yokoyama Community Center	10:30 a.m. to 11:30 a.m.	Once per month (Every 1st or 2nd Wed.)
18	Child-Raising Salon Karugamo	Shimokuzawa Children's Hall	10 a.m. to 11:30 a.m.	Once per month (except Aug. and Jan.) (Every 3rd Thu.)
19	Child-Raising Salon Retasukko	Chuo Community Center	10 a.m. to noon	Once per month (Every 1st Wed.)
20	Fureai Muratomi Kosaro-no-jikan	Yabe Town Council Hall	10:30 a.m. to noon	Once per month (Every 4th Fri.)
21	Child-Raising Salon Chiyoda	Chiyoda 7-chome Town Council Hall	10 a.m. to 11:30 a.m.	Once per month (Every 3rd Wed.)
22	Child-Raising Salon Hoshigaoka	Hoshigaoka Community Center	10 a.m. to 11:30 a.m.	Once per month (Every 2nd Wed.)
23	Child-Raising Salon Yokoyama	Yokoyama 6-chome Meeting Place	10 a.m. to 11:30 a.m.	Once per month (Every 4th Wed.)
24	Chibikko Salon	Yokodai Community Center	10:30 a.m. to noon	Once per month (date not fixed)
25	Atsumare Oyako	Ono-kita Area Council Hall	10 a.m. to noon	6 times per year
26	Omoichabako	Chushin Kodomo-no ie	10:30 a.m. to 11:30 a.m.	Twice per month (except Aug.) (2nd Thu., once more on some other day)
27	Nobinobi Club	Ono-naka Community Center	10 a.m. to 11:30 a.m.	Once per month (except Aug.) (Every 1st Fri.)
28	Happy Salon Touch Hiroba	Shinfuchi Town Council Shinei Hall	10 a.m. to 11:30 a.m.	Once per month (except Mar. and Aug.) (Last Tue. of the month)
29	Everyone's Child-Raising Salon Pokkapoka	Minami Ward Community Welfare Exchange Lounge (Bono Sagami-Ono)	10 a.m. to 11:30 a.m.	Four times per month (Every 2nd and 4th Tue. and Wed.)
30	Koyama Mizutama Hiroba	Koyama Public Hall	10 a.m. to noon	Once per month (Every 1st Wed.)
31	Soratobu Crayon	Nanairo Kids Room 2F	10 a.m. to 11:30 a.m.	Once per month (Every 3rd Thu.)
32	Waiwai Gayagaya Salon	Asamizo Community Center	10 a.m. to 11:45 a.m.	Once per month (Every 2nd Thu.)
33	Yato Poppo	Yato Community Center	10 a.m. to 11:30 a.m.	Once per month (except Jan., Apr. and Aug.) (Every 2nd Mon.)
34	Araiso Child-Raising Salon	Araiso Community Center	10 a.m. to 11:30 a.m.	Once per month (except Aug.) (Every 4th Fri.)
35	Wakuwaku Minamidai	Tsurugaoka-Danchi Meeting Place (Building 4)	10 a.m. to 11:30 a.m.	Once per month (except Aug.) (Every 2nd Wed.; except Mar. 1st Wed.)
36	Child-Raising Salon Tanpopo	Torin Community Center	10 a.m. to 11:30 a.m.	Once per month (except Aug.) (Every 4th Wed. except Dec. and Mar.)
37	Child-Raising Salon Kaabe	Torin Community Center	1:30 p.m. to approx. 3 p.m.	Once per month (except Aug.) (Every 3rd Sat.)

Note: Locations and times are subject to change. Please contact Sagamihara City Social Welfare Council for the latest schedule.

# Izumi Junior College

## ● Happy Child-Raising Plaza

At the Happy Child-Raising Plaza, faculty members and students specializing in childcare work together to make the knowledge and facilities of the college available to local families raising children.

With the goal of introducing items that provide the most benefit to children, a nursery room environment is prepared in the Career Design Center that has a variety of high-quality toys and children's books for children to play with to their hearts' content. The activities at the child-raising plaza, which include crafting, water play, and Christmas concert, have different themes each month. Also, the amusement program offered by students includes story time and finger games. You are encouraged to come and participate at your convenience.

Note: See the college website for more information such as the dates and themes.

## ● Smiley Child-Raising Plaza

The Career Design Center is made available for use by local parents and children every Thursday.

Note: There are times when the Career Design Center is not available because of school affairs and other reasons, so check the college website before participating.

### Inquiries: Izumi Junior College

Address: 2-2-1 Aoba, Chuo-ku (inside the Career Design Center in Izumi Junior College Building 1)

Tel: 042-754-1133

Notes:

1. If you come by car, the college has a parking lot, so do not park in the parking lot of Fuchinobe Park.
2. The center may be closed due to the COVID-19 pandemic. Check the university website for the latest information.  
To prevent the spread of infection and limit crowding and close contact in closed spaces, the number of participants will be limited until further notice. Apply for participation on the website.



Website

# Sagami Women's University Child-Raising Support Center

Sagami Women's University offers the following child-raising support programs and consultation services (some fees apply) for those with worries and concerns about parenting, those who are concerned about the development of their child, and those who are seeking to mature as individuals through child-raising.

## ● Music Therapy for Children

Eligibility: Children to youth with Down's syndrome, autism, etc.

Content: Musical therapy that uses instruments and songs for emotional stability and function facilitation

## ● Musical Therapy for Adults (Childrearing Support ) Musical Therapy)

Eligibility: Individuals raising children

Content: Musical therapy through listening to music that soothes your mind and body

## ● Toddler Development Support Aerobics

Eligibility: Children from 6 months to 4 years old Note: Especially recommended for children who may have development issues

## ● Play Center Activities (Parent empowerment support)

Eligibility: Anyone who wants to be involved in taking care of and interacting with children

Content: Mutual child-raising support activities through collaboration between parents (guardians) raising children, students, and residents in the community.

## ● Assertive (Self Expression) Training

Eligibility: Women who are raising a child and wish to learn about communication

Content: Have fun learning about how to communicate your feelings honestly and build better relationships.

### ● Childrearing Support Center Consultation Room

Eligibility: Children with developmental issues, parents/guardians, and those seeking psychological advice

Content: Psychological and developmental consultations by licensed psychologists, clinical development psychologists, and certified social workers

**Inquiries:** Sagami Women's University Child-Raising Support Center

E-mail: kosodateshien@mail2.sagami-wu.ac.jp Fax: 042-813-5082

Note: For information about starting dates, see the website or inquire by e-mail or fax.



Website

## Information about Childrearing Support Groups

Sagamihara City's website introduces groups and individuals offering childrearing support activities in the city that are registered in the Sagamihara Childrearing Support Network. Please take advantage of their events, childrearing salons and other activities and services. Contact the individual or group you are interested in directly for more detailed information.



Website

## Businesses Supporting Child-Raising (Hanatan Net)

The city registers stores, offices, and other locations that are convenient for pregnant mothers and families raising children as participating locations and introduces the measures taken by the locations on Hanatan Net (a website operated by the city). You are encouraged to use this information when going out.

**Sample measures:** Diaper-changing and feeding spaces, kids spaces, stroller loans, hot water for formula, bathroom availability, and discounts

**Division in charge:** Children and Family Division

Tel: 042-769-9811 (direct line)



Website

## Book Start and Second Book Program

### ● Ehon De Happy (book start program)

In conjunction with the 4-month checkup, the city offers a storytelling workshop and presents to help parents/guardians and babies share a fun time through picture books so they can build a rich relationship with each other. Please stop by after your child's checkup.

### ● Second Book Program

The city gifts picture books to 2-and-a-half-year-old children to help deepen the relationship between parents/guardians and their children, foster healthy mental growth, and foster reading habits. Please come to the library or community center library with a picture book ticket (enclosed with the dental checkup notification for 2-and-a-half-year-old children) to receive the gift.

**Division in charge:** Children and Family Division

Tel: 042-769-9811 (direct line)

# 6 Consultation Services

## Comprehensive Counseling for Children and Their Families

You can receive a wide variety of counseling concerning caring for small children, discipline, and other child-raising issues by phone or in person. Local counseling is available for each area. Depending on the nature of your issues, you may be introduced to a specialized counseling facility.

For counseling in person, please contact us beforehand as early as possible.

● **Counseling hours:** Monday to Friday, 8:30 a.m. to 5 p.m. Note: Excluding national holidays and the year-end/New Year holidays

**Inquiries:** Midori Childcare Support Center      Tel: 042-775-8815

**Inquiries:** Chuo Childcare Support Center      Tel: 042-769-9221

**Inquiries:** Minami Childcare Support Center      Tel: 042-701-7700

## Child Counseling

Counseling is available by phone and in person for issues such as child nursing, disorders, misconduct, and education.

For counseling in person, please contact us beforehand as early as possible.

● **Counseling hours:** Monday to Friday, 8:30 a.m. to 5 p.m. Note: Excluding national holidays and the year-end/New Year holidays

**Inquiries:** Child Counseling Office, 2-7-2 Fuchinobe, Chuo-ku      Tel: 042-730-3500

## Development and Disorder Counseling

Child development and disorder counseling covering issues such as delayed development of speech and motor skills and hyperactivity is available.

Additionally, please contact us in advance if you will be seeking an in-office consultation.

● **Counseling hours:** Monday to Friday, 8:30 a.m. to 5 p.m. Note: Excluding national holidays and the year-end/New Year holidays

### **Inquiries:**

(Primarily for infants to junior high school children)

Rehabilitation Counseling Section, Midori Childcare Support Center

Tel: 042-775-1760 (direct line)

Rehabilitation Counseling Section, Chuo Childcare Support Center

Tel: 042-756-8424 (direct line)

Rehabilitation Counseling Section, Minami Childcare Support Center

Tel: 042-701-7727 (direct line)

(Primarily for high school children and older)

Developmental Disability Support Center

Tel: 042-756-8411 (direct line)

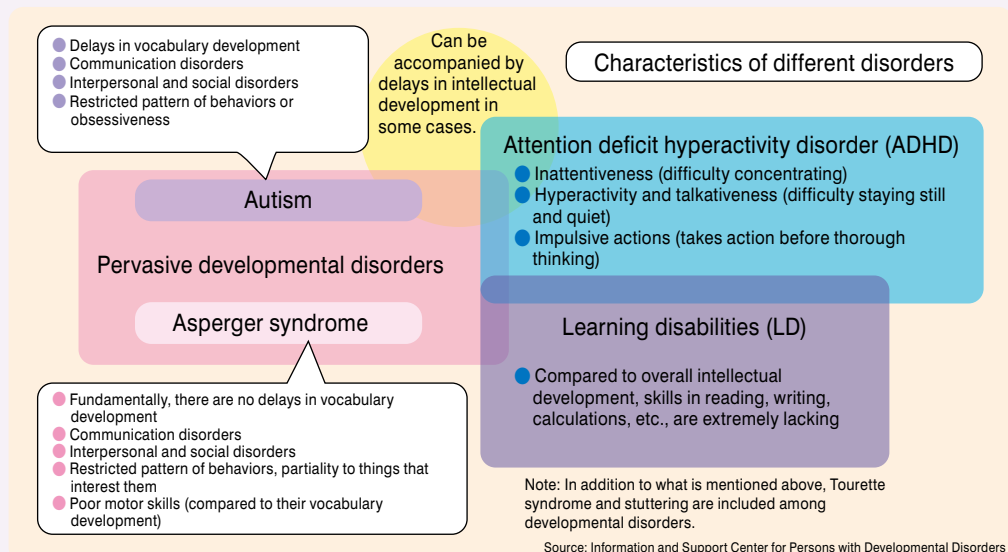
# Let's Spread Correct Understanding of Developmental Disorders!

## What Is a Developmental Disorder?

- Developmental disorders normally appear at a young age and include autism, Asperger's syndrome, and other pervasive developmental disorders, as well as learning disabilities (LD) and attention deficit hyperactivity disorder (ADHD).
- Because developmental disorders are difficult to recognize, people may mistakenly attribute them to poor parenting or lack of effort on the part of the child. The causes of developmental disorders are still not understood, but they are believed to be caused by brain function impairments.
- While the disorder characteristics for each individual are different, developmental disorders include difficulties in speaking with others and understanding their feelings, difficulties staying still, and difficulties in writing. Characteristics may also include the strict observance of rules and regulations that they comprehend, as well as outstanding memory retention for subjects they are interested in, and evidence of uneven development.

## If You Are Concerned about Your Child's Development

- Providing appropriate support to those with developmental disorders as early as possible is believed to be effective, so if you are concerned that your child is particularly difficult to handle, has significant differences between what he or she is and isn't good at, is restless, cannot play well with others, or the like, don't hesitate to seek advice from one of the Childcare Support Centers, the Developmental Disability Support Center, or another nearby facility. (Please see page 73.)
- Support appropriate for a child's developmental characteristics and stage can give him or her a sense of accomplishment and lead to increased confidence. Also, advice and other support can help families raise their children with peace of mind.



Yokoen and the Support Center for Persons with Developmental Disorders conducts courses and awareness lectures for parents/guardians. Please check the city website for details.



Website

## Kanagawa Children and Family #110 Consultation LINE

Consultation regarding anxiety related to childrearing, relationship with your child, household issues and other issues related to children are available through the communication app LINE.

- Days: Monday to Saturday (excluding the year-end/New Year's holidays)
- Hours: 9 a.m. to 9 p.m.
- Eligibility: Children under 18 years of age, parents/guardians and the like who live in Kanagawa Prefecture
- How to use: Search for “かながわ子ども家庭 110 番相談 (Kanagawa Children and Family #110 Consultation LINE)” on the LINE official account search function and add as a friend



▲ Add as a friend

**Inquiries:** Child and Family Division Tel: 042-769-9811

## Childcare Consultations at Nursery Schools, etc.

During regular hours at nursery schools, etc., school principals, daycare providers, and others offer comprehensive counseling concerning infants and toddlers. Please feel free to contact us for details.

**Inquiries:** Individual nursery schools or the Day Nursery Division Tel: 042-769-8313 (direct line)

## Child, Youth, and Education Counseling

General counseling is available for issues and concerns about children and youth of 19 years of age or younger (who live, work, or go to school in the city). Issues that can be addressed include truancy, reluctance to attend school, problems with personality or behavior, classmate interaction, bullying, family relations, and childrearing anxiety. Counseling is available in person or by phone (an appointment is required for counseling in person).

- **Counseling hours:** Monday to Friday, 9 a.m. to 5 p.m.  
Note: Excluding national holidays and the year-end/New Year holidays

### **Inquiries:**

Chuo Counseling Office, Child and Youth Counseling Center	Tel: 042-752-1658
Minami Counseling Office, Child and Youth Counseling Center	Tel: 042-749-2177
Shiroyama Counseling Office, Child and Youth Counseling Center	Tel: 042-783-6188
Sagamiko Counseling Office, Child and Youth Counseling Center	Tel: 042-682-7020

## Young Telephone Counseling

Children and youth of 19 years of age or younger can receive counseling by phone or e-mail for their concerns. Guardians can also receive counseling.

- **Telephone counseling:** Monday to Friday, 3:30 to 9 p.m.  
Saturdays, 1 to 5 p.m.  
Tel: 042-755-2552  
Note: Excluding national holidays and the year-end/New Year holidays
- **E-mail counseling:** Consultation is accepted 24 hours a day (responses may take a few days)  
E-mail address: yantele@city.sagamihara.kanagawa.jp

## School Counseling

Counseling regarding enrollment and education is provided for children who need special consideration due to disabilities or the like that will be attending school next year or are already enrolled.

- **Counseling hours:** Monday to Friday, 9 a.m. to 5 p.m. (excluding the year-end/New Year's holidays and national holidays)

**Inquiries:** Education Assistance Team, Child and Youth Counseling Center, Tel: 042-704-8917

## Sagamihara Children's Rights Counseling Office (Sagamimi)

A variety of counseling regarding infringement of children's rights and other topics is available by phone and in person.

- **Location:** Inside the Youth Learning Center (3-15 Yabe-Shincho, Chuo-ku)

- **Counseling hours:** Monday to Friday, 1 to 8 p.m.; Saturday, 10 a.m. to 5 p.m.

Note: Excluding holidays, the year-end/New Year holidays, and days when the Youth Learning Center is closed

- **Telephone counseling**

For children	Tel: 0120-786-108
For adults	Tel: 042-786-1894

## Consultation for Caregiving Family Members (Community Comprehensive Support Center)

We provide a variety of consultations for caregiving family members by phone or visits. For consultations, contact your local Community Comprehensive Support Center.



website

## Consultations for Women

◆ **Consultation is available for a variety of issues women face, including marriage and household problems.**

● **Consultation hours:** Monday to Friday 9 a.m. to 5 p.m. Note: Excluding national holidays and the year-end/New Year holidays

● <b>Location</b>	Midori Childcare Support Center	Tel: 042-775-8815 (direct line)
	Chuo Childcare Support Center	Tel: 042-769-9221 (direct line)
	Minami Childcare Support Center	Tel: 042-701-7700 (direct line)

Note: Counseling is also available at the Tsukui Health Center (613-2 Nakano, Midori Ward) on Tuesdays. Those who would like to receive counseling there should contact the Midori Childcare Support Center in advance.

◆ The Soleil Sagami Women's Counseling Office offers similar counseling.

### ● **Counseling Hours**

General counseling: Every day from 10 a.m. to 5 p.m. (calls are accepted until 6 p.m. on Tuesday and Thursday)(excluding every 4th Monday)

Specialized counseling:

- Legal counseling for women (by appointment: up to 30 minutes per person)
- Psychological counseling for women (by appointment: up to 40 minutes per person)

Notes: 1. You can only make an appointment for specialized counseling if it has been found to be necessary after general counseling.

2. None of the above counseling is available during the year-end/New Year holidays.

● <b>Location</b>	Soleil Sagami Women's Counseling Office	Tel: 042-775-1777
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**Division in charge:** Gender Equality and Human Rights Promotion Division

Tel: 042-769-8205 (direct line)

## Sagamihara City Domestic Violence Consultation Support Center

A hotline is available for counseling regarding violence by a spouse, partner, or other close person.

Hitting and kicking are not the only forms of violence. Yelling in a loud voice, belittling someone in public, restricting relationships with family and friends, and not cooperating with birth control are also forms of violence.

● <b>Counseling hotline</b>	Tel: 042-772-5990
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● <b>Counseling hours:</b>	Every day 10 a.m. to 5 p.m. (until 6 p.m. on Tuesdays and Thursdays) (excluding every 4th Monday and the year-end/New Year holidays) In an emergency, call 110.
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**Division in charge:** Gender Equality and Human Rights Promotion Division

Tel: 042-769-8205 (direct line)

# 7 Other

## Father's Handbook

The *Father's Handbook* covers proactive ways for fathers to get involved in parenting, to support mothers, and also provides information for procedures after birth. It is distributed together with the *Mother and Child Health Handbook*.

**Inquiries:** Gender Equality and Human Rights Promotion Division Tel: 042-769-8205 (direct line)

## Youth Learning Center

The Youth Learning Center promotes the healthy growth of children and youth by providing them with a place to interact and engage in a variety of activities. The center offers a variety of programs for children and youth.

**Inquiries:** Youth Learning Center Tel: 042-751-0091 (direct line)



Website

## Joining a Child and Youth Group

Child and youth groups, such as local children's organizations, drum and fife bands, Boy Scouts, Girl Scouts, and boys' and girls' choruses, provide opportunities for diverse experiences that are essential for the development of young people.

Children can join once they reach elementary school. Feel free to participate.

**Inquiries:** Youth Learning Center Tel: 042-751-0091 (direct line)



Website

## Support for Single-Parent Households

There are city programs to support the independence and stability of the lives of single-parent households. Information on the Childrearing Allowance, Medical Expense Subsidy Program for Single-Parent Households and the like is available on the city website.

**Inquiries:** Childcare Subsidy Division Tel: 042-769-8232 (direct line)



Website

## What Are Local Children's Organizations?

Local children's organizations work toward the healthy growth of children through transmission of local culture from people of different ages, friendship, playing, and other activities. Local children's organizations provide children with experiences that would be difficult for them to have at home or school. To make local children's organizations more lively and encourage participation, the city provides support for activity expenses, holds seminars, and engages in other activities through the Local Children's Organization Council.

**Inquiries:** Youth Learning Center      Tel: 042-751-0091 (direct line)

## Scholarships (for high school students)

A scholarship that does not require repayment is offered to high school students or the like from households where the income-based levy of resident's tax is zero (excludes those in special needs schools).

**Inquiries:** Sagami-hara City Call Center      Tel: 042-770-7777



Website

## Libraries

### ● Singing and Story Time for Babies and Little Children

Children can sing children's songs, discover picture books, and listen to picture book readings.

	Title	Hours	Notes
City Library (Kanumadai)	Hiyoko-chan's Children's Songs (For zero-year-olds)	Every 1st Thu. From 10:30 a.m.	Advance application is required
	Penguin-chan's Children's Songs (For one- and two-year-olds)	Every 4th Thu. From 10:30 a.m.	Advance application is required
Hashimoto Library	Tsukushi-chan's Children's Songs (For zero- and one-year-olds)	Every 1st and 3rd Wed. From 11 a.m.	First 15 pairs to arrive (Reception from 10:40 a.m.)

Note: Contact each library or visit the library website for more information.

### ● Story Time for Two- and Three-Year-Olds

Children can listen to children's book readings and watch picture-story shows.

	Title	Hours	Notes
City Library (Kanumadai)	Usako-chan's Story Time	Every 1st and 3rd Wed. (two times each) From 10:30 a.m. and 11:15 a.m.	Go directly to the venue on the Story Time day
Sobudai Branch	Wednesday Story Time	Every 1st and 3rd Wed. From 10:30 a.m.	
Sagami-Ono Library	Otete-Tsunai-de Story Time	Every 1st and 3rd Wed. (two times each) From 10:30 a.m. and 11 a.m.	
Hashimoto Library	Tanpopo Story Time	Every 1st and 3rd Wed. From 10 a.m.	


Note: Contact each library or visit the library website for more information.

### ● Introductions to Picture Books and Children's Books

Book lists are available, including the "Book List for Families Expecting Children," which is available at all libraries, and children's book lists produced every month by each library. There are also book corners devoted to picture books and reading to children, and there are magazines about children and reading available for borrowing.

**Note:** Babies can make library cards too!

### ● Check Out the Latest Library Information Here!

 Sagami-hara City Library ([sagami-hara.city.public.library](https://sagami-hara.city.public.library))

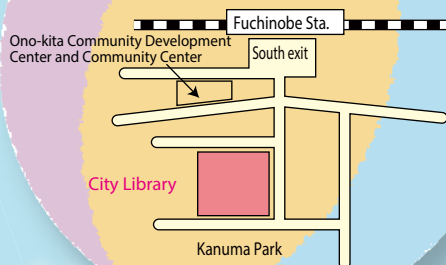
 Sagami-hara City Library (@sagami-haralib)



Website

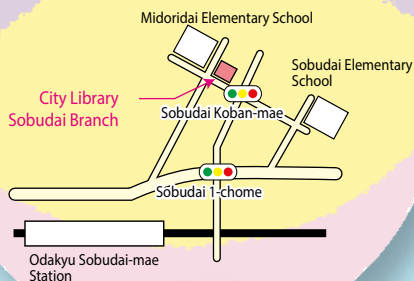
## City Library

2-13-1 Kanumadai, Chuo-ku, Sagamihara City  
042-754-3604



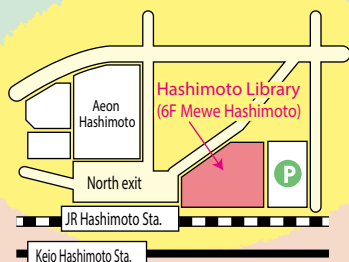
## City Library Sobudai Branch

4-8-7 Araiso, Minami-ku  
046-255-3315



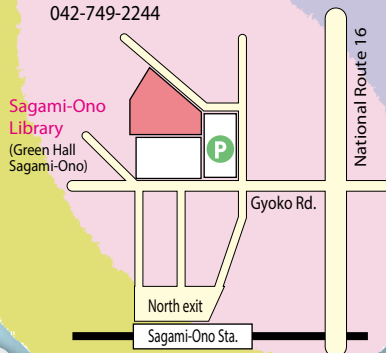
## Hashimoto Library

3-28-1 Hashimoto, Midori-ku, Sagamihara City  
042-770-6600



## Sagami-Ono Library

4-4-1 Sagami-Ono, Minami-ku, Sagamihara City  
042-749-2244



You are also encouraged to use the libraries in the Community Centers and Children's Centers.

### Hours

Tue. to Fri. from 9:30 a.m. to 8 p.m.  
Sat., Sun., and holidays from 9:30 a.m. to 6 p.m.

### Notes:

1. Tue. to Sun. and national holidays from 9:30 a.m. to 6 p.m. for the Sagami-Ono Library 4F Children's Book Floor
2. Tue. to Sun. and national holidays from 9 a.m. to 5 p.m. for the City Library Sobudai Branch

### Closed

Mon. (Tue. if Mon. is a holiday)  
On library maintenance days and during inventory inspection periods, year-end/New Year's holidays  
For details, please contact the library.



# Children's Daily Rhythm

Think carefully about your child's daily rhythm!



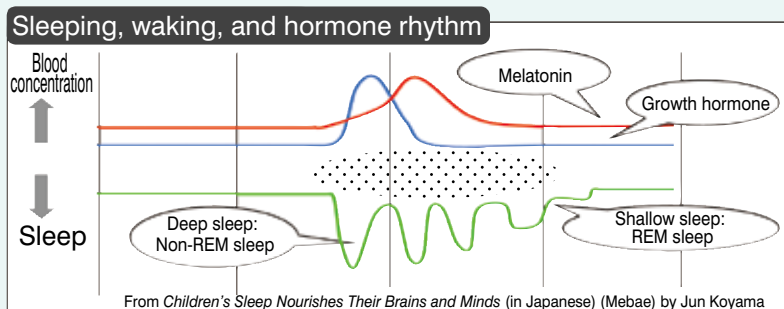
## How are children affected by late sleeping times?

- They sleep less at night.
- They have trouble concentrating during the day.
- They don't eat breakfast, and they snack irregularly.
- They become restless and mentally unstable.
- The secretion of hormones that are necessary for growth is suppressed.



## What is the cause of these effects?

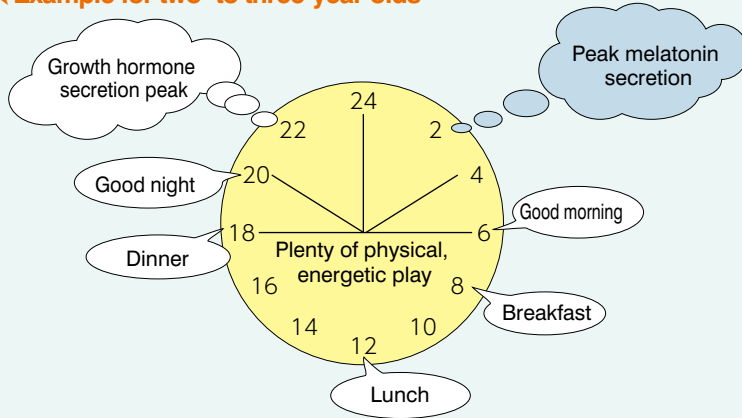
- Hormones necessary for childhood growth and development are secreted in deep sleep.
- Reduced sleeping time results in the reduction of the secretion of some hormones.



- ◎ Growth hormone: Functions to encourage the growth and development of the body
- ◎ Melatonin: Suppresses secondary sex characteristics until puberty and prevents sexual functions from proceeding independently. Also serves to stabilize the body's rhythm.

## What is an ideal daily rhythm?

### ★Example for two- to three-year-olds



Get children accustomed to waking up early and sleeping at 9 p.m., and have them exercise and use their bodies sufficiently during the day!

### What measures can households take to establish a daily rhythm?

- In the morning, open curtains and storm shutters and let in the morning light.
- Wash your child's face in the morning.
- Establish a habit of pooping in the morning.
- Have your child exercise as much as possible during the day.
- Eat dinner early.
- Try bathing before dinner.
- Turn off the TV when it's time to sleep.
- Turn off the lights when it's time to sleep.
- Establish a sleep ritual (for example, reading a picture book)

Children's daily rhythm is affected by the daily rhythm of their parents. Try to sleep early and eat breakfast together as a family!

# Cavity Prevention for Children

## ..... The four causes of cavities .....

The combination of these factors causes cavities: sugar content, cavity-causing bacteria, the quality of teeth, and time.

You can prevent cavities by properly controlling these factors.



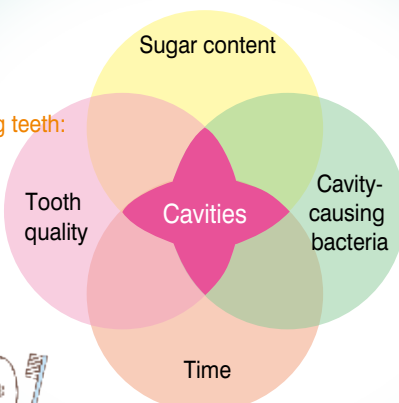
### ● How to properly consume food and snacks:

- Control the amount of sugar your child consumes
- Choose a time and set amount for snacks



### ● How to maintain strong teeth:

- Ensure that your child thoroughly chews his/her food and release a lot of saliva
- Use fluoride
- Regularly take your child to the dentist for dental examinations



### ● How to remove cavity-causing bacteria:

- Remove dental plaque by brushing your child's teeth
- Regularly take your child to the dentist for dental examinations



### ● Clean your child's teeth daily

- Do not let your child keep sugar in his/her mouth for long periods of time
- Ensure that your child doesn't eat too slowly

## Do not miss an SOS from your child's teeth!



Cavities start off looking a chalk-like, cloudy white

Clean the backside of your child's teeth with materials like gauze handkerchiefs, allow teeth to dry, and remain vigilant!

The border between the teeth and gums, the spaces between teeth, and the ridges of molars are very susceptible to cavities.

Note: If you spot the beginnings of cavities, reassess your child's eating habits and tooth-brushing methods!

## Take your child to periodic dental checkups

Your local dentist offers dental and oral support in accordance with the growth of your child in addition to dental treatments. Take your child to the dentist regularly to receive advice about toothbrushing and fluoride, and teeth cleaning.



# Disaster Planning for Families with Small Children

## Prepare to Take Care of Yourself for the First Three Days!

After a large earthquake, supplies of electricity, gas, water, and other necessities may be cut off, and it may be difficult to acquire food and other goods. Households with infants should be particularly careful to prepare necessary items, such as diapers and milk, beforehand. Prepare at least enough to make it through the first three days.

### Water preparation

● Prepare three days' worth of drinking water, assuming consumption of about 3 liters of drinking water per person per day.

### Food preparation

- Prepare three days' worth, or nine meals' worth, of food per person.
- Prepare powdered or liquid milk and baby food for small children, and children's snacks.
- Prepare canned, retort-pouch, freeze-dried, and other types of precooked food.

### Fuel preparation

- Prepare a tabletop portable gas stove and solid fuel.
- Also prepare additional gas canisters.

### Preparing for a power outage

- Prepare one flashlight per person.
- Prepare a portable radio and spare batteries.



### List of Emergency Supplies for Households with Small Children

- ☐ Disposable diapers and baby wipes
- ☐ Children's clothes and towels
- ☐ *Mother and Child Health Handbook*
- ☐ Powdered milk, liquid milk
- ☐ Drinking water
- ☐ Baby bottles and cups (you can use disposable paper cups)
- ☐ Measuring cups (for measuring hot water)
- ☐ A kettle or pot (for boiling water and disinfecting utensils using boiling water)
- ☐ Detergent
- ☐ Metal tongs (for removing disinfected utensils)
- ☐ Portable gas stove and gas canisters
- ☐ Baby food and children's snacks (taking any food allergies into consideration)
- ☐ Masks for children

## Stock Up on Tap Water—About Three Liters per Person per Day

Stock up on tap water for emergency use in the event of an earthquake or other disaster.

**Amount to stock up on:** Prepare three days' worth of water, assuming consumption of about three liters per day for each adult and one liter per day for each child under one year of age.

### Points to Remember When Stocking Up on Tap Water

1. Selecting containers: Use thoroughly washed plastic tanks or two-liter PET bottles.
2. Filling containers: Fill each container with tap water all the way up to the opening so that there is no air left in the container, and close the container tightly.
3. Water storage location: Keep the water in a cool location away from sunlight.
4. Storage period: Change the water approximately every four days (in the summer) to ten days (in the winter).

### Notes:

1. If you are using filtered water, because the water is not being disinfected by chlorine, change the water daily.
2. Be sure to boil stored water when you use it.

(References: Sagami-hara City Disaster Preparation Guidebook, translation of "Emergency Preparedness for Those Who Care for Infants in Developed Country Contexts" by the NPO Japanese Association of Lactation Consultants, and the Kanagawa Prefecture Waterworks website)



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Illustrator: Yuko Marumoto

## Child-Raising Guide 2022 Edition

To provide families raising children with all the information they need at once, Sagamihara City and the Sagamihara City Print Advertisement Union (Sagamihara-shi Insatsu Kokoku Kyodo-kumiai) have concluded an agreement to publish this guide through the advertisement cooperation by many people.

We hope that many people involved in childcare—not just those currently raising children—will take a look at this guide and use it to help children develop in a healthy manner.

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